

Justice Institute of British Columbia COURSE OUTLINE

Course Code: AD123

Course Title: Improving Addiction Treatment by Addressing Tobacco

Prerequisite Courses:

Sponsoring Division: Community and Social Justice Division, Centre for Counselling and Community Safety

Previous Course Code & Title:

Course Effective Date:

# of Credits:	0.5
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Course Description:

An estimated 70–90% of people entering residential treatment for alcohol and other drug problems are smokers, and statistics show that they are more likely to die prematurely from smoking-caused illnesses than from the other substances for which they received treatment. There is also a growing body of evidence to show that long-term recovery from other substances is improved when tobacco use is addressed at the same time. This course will cover the success of integrated treatment programming in the US and the preliminary work of Canadian addictions treatment programs working on tobacco integration. Ample opportunity will be provided for discussion of the importance of addressing tobacco addiction in the context of treatment for other addictions.

Course Goal(s):

At the end of this 7 hour, one-day course participants will have an understanding of current tobacco research, cessation models and examples of addiction treatment programs that have gone smoke-free, as well as practical tools and resources for use with clients at various stages of change with regard to smoking -- from pre-contemplation to action, maintenance and relapse.

Course Learning Objectives:

Upon successful completion of this course, the learner will be able to:

1. Summarize evidence from current tobacco research.
2. Describe the effects of environmental tobacco smoke (second-hand smoke) on children and adult non-smokers.
3. Describe the impact of tobacco companies' specific marketing approaches designed to attract women, children, youth and third-world countries.
4. Identify key components of a treatment plan designed to assist a client in moving through different stages of readiness for change.
5. Describe effective use of various types of Nicotine Replacement Therapy (NRTs).
6. Summarize evidence regarding the impact of political contributions from tobacco companies on legislation supporting public health and safety.
7. Identify key on-line and print resources for smokers and the professionals who work with them.

Course Topics/Content:

- Rationale for integrating tobacco into treatment programs for other addictive substances
- Examples of Canadian and American programs pursuing integration
- Dangers of environmental tobacco smoke (second-hand smoke)
- Marketing of tobacco products to children, youth and third world countries
- Support and assistance for clients, friends, family members who are at various stages of readiness to quit tobacco
- Various types of nicotine replacement therapy and how to use them effectively.
- Other resources for professionals and clients

Text and Resource Materials: Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

Required:

Recommended:

Course Level:

X	First Year		Second Year		Third Year		Fourth Year
	Other (describe):						

Equivalent Course(s) within the JIBC:

Class Delivery Methods:

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	7.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
Total Class Hours	7.0			

Comments on Delivery Methods:

Related Program(s): (where applicable)

Credit Transfer exists at: (List Institutions with official transfer agreements and name equivalent courses)

Course Grading System:

Check the system that applies to this course:

<input type="checkbox"/>	Letter Grades	<input type="checkbox"/>	Percentage	<input checked="" type="checkbox"/>	Pass/Fail	<input type="checkbox"/>	Credit/No Credit
<input type="checkbox"/>	Complete/Incomplete	<input type="checkbox"/>	Attendance Only	<input type="checkbox"/>	Not Applicable		

Passing Grade:	Pass
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JIBC Standard Grading Scale for Letter, Grade Point and % Grades:

Letter Grade	Grade Points	% Range	Letter Grade	Grade Points	% Range
A+	4.33	90-100	C+	2.33	64-67
A	4.00	85-89	C	2.00	60-63
A-	3.67	80-84			
B+	3.33	76-79	C-	1.67	56-59
B	3.00	72-75	D	1.00	50-55
B-	2.67	68-71	F	0.00	0-49

Evaluation Activities and Weighing: (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

Comments on Evaluation:

100% attendance in class.

Active contribution in large and small group discussions and activities.

Successful completion of written assignment for Substance Use Certificate.

Other Course Guidelines, Procedures and Comments:

This course is an elective credit.

View the Justice Institute of BC Policies listed below at:

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy
Harassment Policy
Prior Learning Assessment Policy
Student Code of Conduct

Academic Appeals Policy
Intellectual Property Rights Policy
Research on Human Subjects: Ethics
Student Records