

Justice Institute of British Columbia COURSE OUTLINE

Course Code: AD130

Course Title: Vision Quest: Healing and Recovery in Aboriginal Substance Use Treatment

Prerequisite Courses: Understanding Substance Use (AD400) or equivalent experience, and
All My Relations: Working with Aboriginal clients in Substance Use
Recovery (AD129)

Sponsoring Division: Community and Social Justice Division, Centre for Counselling and
Community Safety

Previous Course Code & Title:

Course Effective Date:

# of Credits:	0.5
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Course Description:

This course will explore approaches to recovery and healing when working with Aboriginal people in a treatment and counselling setting. Together, we will explore cultural approaches to healing from the Medicine Wheel to the Sweat Lodge. Participants will discuss how cultural reclamation and expression provides a foundation for healing and recovery for Native people.

Course Goal(s):

After this one day course, participants will have a basic understanding of cultural healing practices from an Aboriginal point of view. Learners will be able to discuss how culture is central to recovery and healing in individuals, families and communities.

Course Learning Objectives:

Upon successful completion of this course, the learner will be able to:

1. Gain an understanding of traditional and contemporary healing practices
2. Learn how Aboriginal healing approaches are applied in today's context
3. Describe the 'balanced approach' of the Medicine Wheel
4. Learn how cultural ownership is central to Aboriginal healing and recovery
5. Gain an awareness of how our worldviews as helpers affects our ability to engage with Aboriginal people
6. Gain an understanding of how ritual can play an important role in the treatment setting
7. Learn how the Talking Circle provides for a safe way to discuss feelings

Course Topics/Content:

- Introduction to the basics of Aboriginal culture in Canada
- The cultural renaissance in the 1960s and 70s
- The recovery movement in Aboriginal communities
- Aboriginal counselling and approaches to healing

- First Nations Healing Centres
- Recovery from trauma, grief and loss
- Health and wellness using the Medicine Wheel
- The role of traditional healers
- Elders and learning from the past
- The use of the Sweat Lodge in counselling and healing
- Introduction to the circle format
- Closing Talking Circle

Text and Resource Materials: Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

Required:

Recommended:

Course Level:

X	First Year		Second Year		Third Year		Fourth Year
Other (describe):							

Equivalent Course(s) within the JIBC:

Class Delivery Methods:

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	7.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
Total Class Hours	7.0			

Comments on Delivery Methods:

Related Program(s): (where applicable)

Credit Transfer exists at: (List Institutions with official transfer agreements and name equivalent courses)

Course Grading System:

Check the system that applies to this course:

<input type="checkbox"/>	Letter Grades	<input type="checkbox"/>	Percentage	<input checked="" type="checkbox"/>	Pass/Fail	<input type="checkbox"/>	Credit/No Credit
<input type="checkbox"/>	Complete/Incomplete	<input type="checkbox"/>	Attendance Only	<input type="checkbox"/>	Not Applicable		

Passing Grade:	Pass
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JIBC Standard Grading Scale for Letter, Grade Point and % Grades:

Letter Grade	Grade Points	% Range	Letter Grade	Grade Points	% Range
A+	4.33	90-100	C+	2.33	64-67
A	4.00	85-89	C	2.00	60-63
A-	3.67	80-84			
B+	3.33	76-79	C-	1.67	56-59
B	3.00	72-75	D	1.00	50-55
B-	2.67	68-71	F	0.00	0-49

Evaluation Activities and Weighing: (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

Comments on Evaluation:

100% attendance in all classes.

Active contribution to small and large group discussions and activities.

Successful completion of a written assignment for the Substance Use Certificate.

Other Course Guidelines, Procedures and Comments:

This course is an elective credit.

View the Justice Institute of BC Policies listed below at:

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy
Harassment Policy
Prior Learning Assessment Policy
Student Code of Conduct

Academic Appeals Policy
Intellectual Property Rights Policy
Research on Human Subjects: Ethics
Student Records