

# Justice Institute of British Columbia COURSE OUTLINE

Course Code: AD409

Course Title: Overview of Prevention and Intervention of Fetal Alcohol Spectrum Disorder

Prerequisite Courses: Understanding Substance Use (AD400)

Sponsoring Division: Community and Social Justice Division, Centre for Counselling and

**Community Safety** 

**Previous Course Code & Title:** 

**Course Effective Date:** 

# of Credits:	0.5
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## Course Description:

This course will provide you with an overview of current knowledge on Fetal Alcohol Spectrum Disorder (FASD) and then focus on best practices in its prevention. Topics include: understanding FASD; models for working with substance-using women of childbearing years; needed policy and community-level prevention responses; and strategies currently being undertaken at the provincial and national levels. A wide range of resources will be introduced that will support further learning and application of relevant strategies on the part of those working in diverse treatment and community settings.

# Course Goal(s):

At the end of this one day, 7 hour course, participants will leave with an overview of current research and knowledge on Fetal Alcohol Spectrum Disorder (FASD) and a list of current websites and online & print resources of interest to those working on FASD related issues in BC.

## **Course Learning Objectives:**

Upon successful completion of this course, the learner will be able to:

- 1. Describe the risks associated with alcohol and other substance use during pregnancy.
- 2. Define associated terminology (FASD, pFAS, ARND, ARBD and NAS).
- 3. Describe key characteristics of those with FASD, and approaches found to be helpful in supporting those with FASD
- 4. Discuss key individual and contextual factors that contribute to alcohol use by women in pregnancy.
- 5. Articulate principles and best practices in three levels of FASD prevention-related work with substance using women of child bearing years, their support systems and communities.
- 6. Discuss where to find more information and support for implementing these strategies in the context of the learners' work settings.
- 7. Identify where to get treatment for alcohol problems and diagnosis/support for FASD in B.C.
- 8. Discuss strategies that community, provincial and national governments and organizations are employing to address FASD related issues; and know how to access community, provincial and national web-based resources about FASD.



# **Course Topics/Content:**

A range of instructional strategies are used to address the following:

- UNDERSTANDING FASD
- How shared values need to guide our work on substance use in pregnancy and FASD
- The potential impacts of substance use during pregnancy and use of the following diagnostic and non-diagnostic terms: FASD, FAS, pFAS, ARND, ARBD, NAS
- Key signs that a person might be affected by FASD
- Key strategies for working with individuals affected.
- Where to get a diagnosis for children, youth and adults in BC
- UNDERSTANDING SUBSTANCE USE IN PREGNANCY
- Levels of risk and prevalence of alcohol and other drug use in pregnancy
- Best practices in reaching all women of child bearing years and their support networks, on the risks of alcohol use in pregnancy
- Best practices in screening and intervening with women with lower risk patterns of use
- Best practices in reaching and supporting high risk women
- The addictions treatment system in BC
- WORKING TOGETHER ON PREVENTION, POLICY AND RESEARCH
- Community, regional and provincial action in BC
- Provincial, national and international groups, strategic actions and resources

**Text and Resource Materials:** Use APA style; specify chapters where applicable. (<u>APA Style Guidelines</u>) *Required:* 

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### **Course Level:**

Х	First Year	Second Year	Third Year	Fourth Year
	Other (describe):			

#### Equivalent Course(s) within the JIBC:

#### **Class Delivery Methods:**

Some courses are delivered using a range of methods within one class (course section) or alternative methods



in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
	(Hours)	(Hours)	(Hours)	(Hours)
Classroom/Lecture/Discussion	7.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
Total Class Hours	7.0			

# **Comments on Delivery Methods:**

Related Program(s): (where applicable)

Credit Transfer exists at: (List Institutions with official transfer agreements and name equivalent courses)

# **Course Grading System:**

Check the system that applies to this course:

Letter Grades	Percentage	X	Pass/Fail	Credit/No Credit
Complete/Incomplete	Attendance Only		Not Applicable	

Passing Grade:	Pass
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JIBC Standard Grading Scale for Letter, Grade Point and % Grades:

Letter Grade	Grade Points	% Range
A+	4.33	90-100
Α	4.00	85-89
A-	3.67	80-84
B+	3.33	76-79
В	3.00	72-75
B-	2.67	68-71

Letter Grade	Grade Points	% Range
C+	2.33	64-67
С	2.00	60-63
C-	1.67	56-59
D	1.00	50-55
F	0.00	0-49

# Evaluation Activities and Weighing: (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%



# **Comments on Evaluation:**

100% attendance in all classes

Active contribution in large and small group discussions and activities.

Successful completion of written assignment for Substance Use Certificate.

# Other Course Guidelines, Procedures and Comments:

This course is required for the Substance Use Certificate.

# View the Justice Institute of BC Policies listed below at:

http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm

Access Policy
Harassment Policy
Prior Learning Assessment Policy
Student Code of Conduct

Academic Appeals Policy Intellectual Property Rights Policy Research on Human Subjects: Ethics Student Records