

## Justice Institute of British Columbia COURSE OUTLINE

**Course Code:** COUNS102

**Course Title:** Working with Complicated Grief

**Prerequisite Courses:**

**Sponsoring Division:** Community and Social Justice Division, Centre for Counselling and Community Safety

**Previous Course Code & Title:**

**Course Effective Date:**

<b># of Credits:</b>	<b>0.5</b>
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### **Course Description:**

This one day course explores challenging clinical situations in which the “normal” process of grief does not seem to apply, such as violent crime and symbolic loss. It describes factors that complicate grief, and presents a model for evaluating when a client’s process ought to be cause for alarm, as opposed to being a normal process. The course also examines the relationship between post-traumatic stress disorder (PTSD) and grief, and offers a model for distinguishing the two.

### **Course Goal(s):**

At the end of this one day course, participants will be able to assess the client’s needs as related to complicated grief or PTSD and can provide effective intervention or appropriate referral if necessary.

### **Course Learning Objectives:**

Upon successful completion of this course, the learner will be able to:

1. Provide a good working definition of grief, loss, complicated grief and Post Traumatic Stress Disorder.
2. Describe how these issues exist along a “Stress Continuum”
3. Work from a relevant model of the “normal” grief process
4. Identify a list of factors which can complicate the grief process
5. Differentiate between complicated grief and Post Traumatic Stress Disorder
6. Generate a list of effective interventions appropriate to working with complicated grief

### **Course Topics/Content:**

- What are grief and loss “supposed” to look like?
- Factors that complicate the grief process
- What is PTSD?
- How PTSD and complicated grief are different
- Effective Interventions

**Text and Resource Materials:** Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

**Required:**

**Recommended:**

**Course Level:**

X	First Year		Second Year		Third Year		Fourth Year
	Other (describe):						

**Equivalent Course(s) within the JIBC:**

**Class Delivery Methods:**

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	7.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
<b>Total Class Hours</b>	7.0			

**Comments on Delivery Methods:**

**Related Program(s):** (where applicable)

**Credit Transfer exists at:** (List Institutions with official transfer agreements and name equivalent courses)

**Course Grading System:**

*Check the system that applies to this course:*

<input type="checkbox"/>	Letter Grades	<input type="checkbox"/>	Percentage	<input checked="" type="checkbox"/>	Pass/Fail	<input type="checkbox"/>	Credit/No Credit
<input type="checkbox"/>	Complete/Incomplete	<input type="checkbox"/>	Attendance Only	<input type="checkbox"/>	Not Applicable		

<b>Passing Grade:</b>	Pass
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*JIBC Standard Grading Scale for Letter, Grade Point and % Grades:*

Letter Grade	Grade Points	% Range	Letter Grade	Grade Points	% Range
A+	4.33	90-100	C+	2.33	64-67
A	4.00	85-89	C	2.00	60-63
A-	3.67	80-84			
B+	3.33	76-79	C-	1.67	56-59
B	3.00	72-75	D	1.00	50-55
B-	2.67	68-71	F	0.00	0-49

**Evaluation Activities and Weighing:** (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

**Comments on Evaluation:**

100% attendance in all classes.

Active contribution in large and small group discussions and activities.

**Other Course Guidelines, Procedures and Comments:**

**View the Justice Institute of BC Policies listed below at:**

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy  
Harassment Policy  
Prior Learning Assessment Policy  
Student Code of Conduct

Academic Appeals Policy  
Intellectual Property Rights Policy  
Research on Human Subjects: Ethics  
Student Records