



## Centre for Leadership and Community Learning COURSE OUTLINE

**Division:** Centre for Leadership and Community Learning  
**Program:** Counselling and Capacity Building  
**Course Code:** COUNS112  
**Course Title:** Advanced Approaches to Art Therapy for Counselors and Therapists

**Course Effective Date:**

**Previous course code & title:**

Required  Elective  Credits: 1

**Total Course Hours (face-to-face):** 14

**Lab Hours (if any):** NA

**Practicum Hours (if any):** NA

**Delivery Method:**

Face-to-face  Distance  Online

**Prerequisites:**

**Equivalent Course(s) within the JI:**

**Brief Description:**

This two day course explores further the theoretical paradigms that inform art therapeutic practice, particularly as they relate to each participant's clinical work. Topics include skilled approaches to art therapeutic dynamics, creative environments and materials, group work, and working with specific populations.

**Evaluation Profile:** Attendance only  Credit / No Credit  
Complete/Incomplete Pass/Fail  
Letter Grade % Grade

**Passing Grade (if applicable):** Credit Granted

**Evaluation Methods and Percentage of Total Grade:**

100% attendance in all classes

Active contribution in large and small group discussions and activities.



### **Learning Outcomes / Goals:**

At the end of this 2 day, 14 hour course participants will be able to integrate the theoretical paradigms informing art therapeutic practice into their clinical practice.

### **Learning Objectives:**

Upon successful completion of this course, the participant will be able to:

Describe and apply a range of theoretical paradigms informing art therapy

Describe and apply skilled praxis to the art therapeutic dynamic

Integrate art therapeutic praxis with specific client populations

Analyze and evolve creative clinical environments and materials

Discuss and apply a range of art processes and products

Discuss the ethical issues pertaining to the use of art therapy

Discuss and apply art therapeutic theory to a range of art media and processes

### **Course Topics/Content:**

Theoretical paradigms informing art therapy

Skilled art therapeutic praxis with respect to the clinical dynamic

Skilled art therapeutic praxis with specific client populations

Creative clinical environments and materials

Art therapeutic processes and art products

Ethical issues pertaining to the use of art therapy

Art therapy clinical supervision

### **Text and Resource Materials:**

*Required:*



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*Recommended:*

**Comments and Course Policies:**

This workshop will be taught using brief synopses of each topic, class and group discussions, slide illustrations, demonstrations, experiential practice, and self-reflective exercises. This workshop is educational only and is not intended as a venue for individual therapeutic process.

**Evaluations:**

**Course outline changes:** *All changes to course outlines communicated to learners in class.*

**JI Policies refer to website:**

[www.jjbc.bc.ca/studentsservices/main/academicservices/policies.htm](http://www.jjbc.bc.ca/studentsservices/main/academicservices/policies.htm)