

Justice Institute of British Columbia COURSE OUTLINE

Course Code: COUNS120

Course Title: Listening for the Metaphor: Facilitating Parenting Groups

Prerequisite Courses:

Sponsoring Division: Community and Social Justice Division, Centre for Counselling and Community Safety

Previous Course Code & Title:

Course Effective Date:

# of Credits:	0.5
----------------------	------------

Course Description:

We are increasingly surrounded by images; we watch, see and use them to describe experiences we both like and dislike. Therefore, it is increasingly important, for those in a helping role, to listen for the metaphor. During this practical workshop you will learn *how* to listen for metaphors, *explore* the *symbolic* meaning a particular metaphor has for that person by learning how to use five types of questions. This new way of listening will enhance your skills when others describe both their internal and external conflicts, and their “stuck” places. These skills will also reduce your sense of having “difficult” people to help.

Course Goal(s):

At the end of this 1 day, 7 hour course, participants will be able to increase their listening skills and hear the metaphors clients use. Learning to “hear” the metaphor is an important piece as we use metaphors to represent both our internal and external experiences.

Course Learning Objectives:

Upon successful completion of this course, the participant will be able to:

1. Decode how people use metaphors
2. Stay with the metaphor versus altering it
3. How to use the client’s metaphor to help the client deepen their understanding of themselves

Course Topics/Content:

- Why metaphors matter
- Learning to “hear” metaphors
- How to ask questions about metaphors

Text and Resource Materials: Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

Required:

Recommended:

Course Level:

X	First Year		Second Year		Third Year		Fourth Year
	Other (describe):						

Equivalent Course(s) within the JIBC:

Class Delivery Methods:

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	7.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
Total Class Hours	7.0			

Comments on Delivery Methods:

Related Program(s): (where applicable)

Credit Transfer exists at: (List Institutions with official transfer agreements and name equivalent courses)

Course Grading System:

Check the system that applies to this course:

<input type="checkbox"/>	Letter Grades	<input type="checkbox"/>	Percentage	<input type="checkbox"/>	Pass/Fail	<input checked="" type="checkbox"/>	Credit/No Credit
<input type="checkbox"/>	Complete/Incomplete	<input type="checkbox"/>	Attendance Only	<input type="checkbox"/>	Not Applicable		

Passing Grade:	Credit Granted
-----------------------	----------------

JIBC Standard Grading Scale for Letter, Grade Point and % Grades:

Letter Grade	Grade Points	% Range
A+	4.33	90-100
A	4.00	85-89
A-	3.67	80-84
B+	3.33	76-79
B	3.00	72-75
B-	2.67	68-71

Letter Grade	Grade Points	% Range
C+	2.33	64-67
C	2.00	60-63
C-	1.67	56-59
D	1.00	50-55
F	0.00	0-49

Evaluation Activities and Weighing: (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

Comments on Evaluation:

100% attendance in all classes.

Active contribution in large and small group discussions and activities.

Other Course Guidelines, Procedures and Comments:

View the Justice Institute of BC Policies listed below at:

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy
Harassment Policy
Prior Learning Assessment Policy
Student Code of Conduct

Academic Appeals Policy
Intellectual Property Rights Policy
Research on Human Subjects: Ethics
Student Records