

Justice Institute of British Columbia COURSE OUTLINE

Course Code: COUNS122

Course Title: Providing Support to Individual and/or Family Bereaved by Suicide

Prerequisite Courses:

Sponsoring Division: Community and Social Justice Division, Centre for Counselling and Community Safety

Previous Course Code & Title:

Course Effective Date:

# of Credits:	0.5
----------------------	------------

Course Description:

This one day interactive course is for social workers, teachers, funeral home employees, school counsellors, crisis workers, therapists, palliative care nurses, or any individual who wants to explore suicide bereavement issues. Content will include: self-preparation/self care; understanding the complexity of suicidal behaviour and its impact on family; theoretical bereavement frameworks; exploring the multi-layered and unique grief response of family members; assessment and practical strategies in providing support; and intervention issues, cultural, religious, and socio-environmental factors and long-term impact of a suicide in a family environment.

Course Goal(s):

Participants will be able to discuss suicide bereavement factors, bereavement theories and several intervention strategies that will support individuals and families bereaved by suicide.

Course Learning Objectives:

1. Upon successful completion of this course, the participant will be able to:
2. Identify key concepts and definitions of suicide and suicidal behaviour.
3. Accurately identify and explain the facts versus myths concerning suicidal behaviour and suicide.
4. Identify key current concepts and definitions of grief and loss.
5. Identify key theories of bereavement (Kubler-Ross, Worden, Reeves and Wolfelt).
6. Apply the theoretical understanding of bereavement to intervention strategies.
7. Describe what makes bereavement by suicide a complex bereavement process.
8. Identify the multi-layered and unique grief response of family members.
9. Describe the intervention and treatment planning process and the importance of client direction in this process.
10. Describe and apply bereavement with cultural and religious sensitivity.
11. Apply self-care and team approach strategies when working with a family bereaved by suicide.

Course Topics/Content:

- Exploration of societal and personal values and perspectives about suicide
- Suicide Facts and Myths exercise
- Definition of suicide and suicidal behaviour
- Definition of loss, bereavement, grief, mourning, complicated bereavement, anticipatory grief, disenfranchised grief
- Review and explore bereavement theories
- Explore how to use and apply bereavement theories to the work with bereaved individuals and families
- What is complex/complicated bereavement really; Identification Process: What is it? How do we do it?
- Client-centered approach to bereavement work
- How to develop cultural and religious sensitivity about bereavement
- Role plays and scenarios
- Self care and team approach when supporting and working with individuals and families bereaved by suicide

Text and Resource Materials: Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

Required:

Recommended:

Course Level:

X	First Year		Second Year		Third Year		Fourth Year
	Other (describe):						

Equivalent Course(s) within the JIBC:

Class Delivery Methods:

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	7.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
Total Class Hours	7.0			

Comments on Delivery Methods:

Related Program(s): (where applicable)

Credit Transfer exists at: (List Institutions with official transfer agreements and name equivalent courses)

Course Grading System:

Check the system that applies to this course:

<input type="checkbox"/>	Letter Grades	<input type="checkbox"/>	Percentage	<input type="checkbox"/>	Pass/Fail	<input checked="" type="checkbox"/>	Credit/No Credit
<input type="checkbox"/>	Complete/Incomplete	<input type="checkbox"/>	Attendance Only	<input type="checkbox"/>	Not Applicable		

Passing Grade:	Credit Granted
-----------------------	----------------

JIBC Standard Grading Scale for Letter, Grade Point and % Grades:

Letter Grade	Grade Points	% Range	Letter Grade	Grade Points	% Range
A+	4.33	90-100	C+	2.33	64-67
A	4.00	85-89	C	2.00	60-63
A-	3.67	80-84			
B+	3.33	76-79	C-	1.67	56-59
B	3.00	72-75	D	1.00	50-55
B-	2.67	68-71	F	0.00	0-49

Evaluation Activities and Weighing: (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

Comments on Evaluation:

100% attendance in all classes.

Active contribution in large and small group discussions and activities.

Other Course Guidelines, Procedures and Comments:

This course is an elective credit.

View the Justice Institute of BC Policies listed below at:

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy
Harassment Policy
Prior Learning Assessment Policy
Student Code of Conduct

Academic Appeals Policy
Intellectual Property Rights Policy
Research on Human Subjects: Ethics
Student Records