

Justice Institute of British Columbia COURSE OUTLINE

Course Code: COUNS125

Course Title: Strengthening Attachment

Prerequisite Courses:

Sponsoring Division: Community and Social Justice Division, Centre for Counselling and Community Safety

Previous Course Code & Title:

Course Effective Date:

# of Credits:	1.0
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Course Description:

Attachment forms the basis for emotional and physical health, stress coping, learning and the capacity to develop healthy relationships. This course will delineate the attachment process prenatally, during infancy and the preschool years and outline the neurobiology of attachment and the effects on the developing brain and nervous system. We will discuss practical ways to support secure attachment development with the families you work with, that are applicable to a variety of settings. The focus will be on families with young children but the principles discussed are applicable to older children/youth. Myrna will illustrate the principles through video clips of her work with families. This course is suitable for all professionals who work with infants/children/youth and with families, including social workers, nurses, psychologists, infant development specialists, mental health workers, child care workers and other community support workers.

Course Goal(s):

At the end of this two day, 14 hour course, participants will be able to recognize the attachment styles of the children and the parents they work with, and apply a variety of the 10 appropriate principles in their work. The participants will understand what is happening in children's neurobiology and have a deeper understanding of their behaviour.

Course Learning Objectives:

Upon successful completion of this course, the learner will be able to:

1. Describe the neurobiology of attachment
2. Name and describe the classification of attachment styles
3. Delineate 10 principles for working with attachment issues and discuss strategies arising from these principles

Course Topics/Content:

- Neurobiology of attachment during the prenatal period and the first two years of life
- Trauma imprints during this time-frame and their impacts on the developing child
- Attachment styles of children and parents and the interaction between the two
- Treatment strategies and principles to utilize to support the development of secure attachment

Text and Resource Materials: Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

Required:

Recommended:

Course Level:

X	First Year		Second Year		Third Year		Fourth Year
	Other (describe):						

Equivalent Course(s) within the JIBC:

Class Delivery Methods:

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	14.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
Total Class Hours	14.0			

Comments on Delivery Methods:

Related Program(s): (where applicable)

Credit Transfer exists at: (List Institutions with official transfer agreements and name equivalent courses)

Course Grading System:

Check the system that applies to this course:

	Letter Grades		Percentage		Pass/Fail	X	Credit/No Credit
	Complete/Incomplete		Attendance Only		Not Applicable		

Passing Grade:	Credit Granted
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JIBC Standard Grading Scale for Letter, Grade Point and % Grades:

Letter Grade	Grade Points	% Range	Letter Grade	Grade Points	% Range
A+	4.33	90-100	C+	2.33	64-67
A	4.00	85-89	C	2.00	60-63
A-	3.67	80-84			
B+	3.33	76-79	C-	1.67	56-59
B	3.00	72-75	D	1.00	50-55
B-	2.67	68-71	F	0.00	0-49

Evaluation Activities and Weighing: (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

Comments on Evaluation:

100% attendance in all classes.

Active contribution in large and small group discussions and activities.

Other Course Guidelines, Procedures and Comments:

View the Justice Institute of BC Policies listed below at:

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy
Harassment Policy
Prior Learning Assessment Policy
Student Code of Conduct

Academic Appeals Policy
Intellectual Property Rights Policy
Research on Human Subjects: Ethics
Student Records