

**JUSTICE INSTITUTE OF BRITISH COLUMBIA
COURSE OUTLINE**

Division: Centre for Leadership and Community Learning

Program: Counselling and Capacity Building

Course Code: COUNS130

Course Title: Impact Techniques for Individual Intervention

<input checked="" type="checkbox"/>	New Course	<input type="checkbox"/>	Revised Course
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Previous Course Code & Title:

Course Effective Date: January 23, 2007

Course Level:

<input type="checkbox"/>	First Year	<input type="checkbox"/>	Second Year	<input type="checkbox"/>	Third Year	<input type="checkbox"/>	Fourth Year
<input checked="" type="checkbox"/>	Other:						

<input type="checkbox"/>	Required	<input checked="" type="checkbox"/>	Elective	# of Credits: 0.5
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Delivery Method:

	Method	Hrs
<input checked="" type="checkbox"/>	Face to Face	7
<input type="checkbox"/>	Online	
<input type="checkbox"/>	Correspondence	
<input type="checkbox"/>	Simulation / Lab	
<input type="checkbox"/>	Practicum	

Is this course delivered only online? Yes No # Hours

Comments:

Pre-requisites:

Equivalent Course(s) within the JIBC:

Transfer Credit Exists at: (List Institutions)

Course Description:

This one-day course will provide you with the necessary tools to help your clients with a wide variety of problems by making your interventions more concrete and more efficacious. Impact Techniques puts the symbolic power of simple objects, chairs and movements to work, transforming abstract ideas and complex difficulties into clear, concrete and easily understood metaphors. The multi-sensory Impact approach ensures the maximal involvement of the client in identifying, understanding and resolving his or her problems. Psychotherapists, teachers, counsellors and social workers will find Impact Techniques invaluable in increasing their efficacy, improving communication and reinforcing the helping relationship with their clients.

Grading System: Check whichever applies to this course: (if applicable)

	Letter Grades		Percentage		Pass/Fail		Credit/No Credit
	Complete/Incomplete	X	Attendance Only				

Passing Grade:

- 100% attendance in class
- Active contribution in large and small group discussions and activities

Grading Scale:

Letter Grade	Grade Points	% Range	Letter Grade	Grade Points	% Range
A+	4.33	90-100	C+	2.33	64-67
A	4.00	85-89	C	2.00	60-63
A-	3.67	80-84	C-	1.67	56-59
B+	3.33	76-79	D	1.00	50-55
B	3.00	72-75	F	0.00	0-49
B-	2.67	68-71			

Evaluation - Activities and Weighing: (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%		

Comments:

Course Goals:

Participants in this course will learn the basic principles of mnemotechniques and how to make interventions much more concrete and fun, interrupt clients' psychogenic patterns, inspire and stimulate clients to action, consistently generate high-quality energy when facing the most challenging clients and develop their ability to find creative and innovative solutions to daily challenges.

Learning Objectives:

Upon successful completion of this course, participants will be able to:

- Explain the ten main mnemotechnique principles.
- Integrate Impact Techniques into their current work.
- Develop new Impact Techniques to address the particular problems seen in their practice.
- Discuss how to inspire and incite clients to positive action.

Course Topics/Content:

- The philosophy of Impact Therapy as applied to individual therapy.
- Description of the 10 mnemotechniques and how they can add impact to the therapeutic process.
- Description and examples of techniques using props.
- Description and examples of techniques using illustrations.
- Description and examples of techniques using experiences.
- Description and examples of techniques using chairs and movements.
- Practicum and exercises.
- Questions and conclusion.

Text and Resource Materials: ([APA Style Guidelines](#))

- *Beaulieu, Danie (2006). Impact Techniques for Therapists, New York: Routledge.*

Required	Author Surname, Initials - Title	Date Published	Current Edition	Place of Publication	Chapter(s) Covered
1.					
2.					
3.					
4.					
5.					

Comments and Course Policies:

To view the Justice Institute of BC Policies listed below, visit:

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy

Harassment Policy

Prior Learning Assessment Policy

Student Code of Conduct

Academic Appeals Policy

Intellectual Property Rights Policy

Research on Human Subjects: Ethics

Student Records