

**JUSTICE INSTITUTE OF BRITISH COLUMBIA
COURSE OUTLINE**

Division: Centre for Leadership and Community Learning
Program: Counselling and Capacity Building
Course Code: COUNS131
Course Title: Impact Techniques for Group, Family, and Couples Interventions

<input checked="" type="checkbox"/>	New Course	<input type="checkbox"/>	Revised Course
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Previous Course Code & Title:

Course Effective Date: January 24, 2007

Course Level:

<input type="checkbox"/>	First Year	<input type="checkbox"/>	Second Year	<input type="checkbox"/>	Third Year	<input type="checkbox"/>	Fourth Year
<input checked="" type="checkbox"/>	Other:						

<input type="checkbox"/>	Required	<input checked="" type="checkbox"/>	Elective	# of Credits: 0.5
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Delivery Method:

	Method	Hrs
<input checked="" type="checkbox"/>	Face to Face	7
<input type="checkbox"/>	Online	
<input type="checkbox"/>	Correspondence	
<input type="checkbox"/>	Simulation / Lab	
<input type="checkbox"/>	Practicum	

Is this course delivered only online? Yes No # Hours

Comments:

Pre-requisites:

Equivalent Course(s) within the JIBC:

Transfer Credit Exists at: (List Institutions)

Course Description:

Marriage and family counselors, as well as psychologists, psychotherapists and social workers will find this one-day workshop a great source of inspiration and know-how. Impact Techniques incorporates the use of simple objects, chairs and movements into the therapeutic process to increase focus—and progress—by transforming complex issues and abstract feelings into concrete, visible and tangible metaphors. Going beyond words, Impact Techniques improves communication and problem-solving by opening up new, multisensory channels of communication between couples and among family or group members.

Grading System: Check whichever applies to this course: (if applicable)

	Letter Grades		Percentage		Pass/Fail		Credit/No Credit
	Complete/Incomplete	X	Attendance Only				

Passing Grade:

- 100% attendance in class
- Active contribution in large and small group discussions and activities

Grading Scale:

Letter Grade	Grade Points	% Range	Letter Grade	Grade Points	% Range
A+	4.33	90-100	C+	2.33	64-67
A	4.00	85-89	C	2.00	60-63
A-	3.67	80-84	C-	1.67	56-59
B+	3.33	76-79	D	1.00	50-55
B	3.00	72-75	F	0.00	0-49
B-	2.67	68-71			

Evaluation - Activities and Weighing: (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%		

Comments:

Course Goals:

Participants in this course will learn how to facilitate communication and problem-solving using multisensory techniques, create a constructive therapeutic environment, focus energy and attention during therapy, and empower clients to resolve tensions and disputes. Opportunities for practice and experimentation with Impact Techniques using various methods specifically adapted to intervention with 2 or more people will be provided.

Learning Objectives:

Upon successful completion of this course, participants will be able to:

- Discuss how to make group, family and marital interventions more interactive and effective.
- Integrate the ten mnemotechnique principles into their current work.
- Explain how to create a positive collaborative environment between the clients in a group.
- Develop new Impact Techniques to address the particular problems seen in their practice.
- Discuss how to increase the sense of responsibility and involvement of each client.

Course Topics/Content:

- The philosophy of Impact Therapy as applied to group, family and marital therapy.
- The 3 rules for therapy with 2 or more people and how to respect them.
- The 3 phases of group therapy and how to respect them.
- The 3 implicit forces of the leader and how to use them efficiently.
- Description and examples of Impact Techniques for intervention with 2 or more people.

- Practicum and exercises.
- Questions and conclusion.

Text and Resource Materials: ([APA Style Guidelines](#))

- *Beaulieu, Danie (2006). Impact Techniques for Therapists, New York: Routledge.*

Required	Author Surname, Initials - Title	Date Published	Current Edition	Place of Publication	Chapter(s) Covered
1.					
2.					
3.					
4.					
5.					

Comments and Course Policies:

To view the Justice Institute of BC Policies listed below, visit:

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy

Harassment Policy

Prior Learning Assessment Policy

Student Code of Conduct

Academic Appeals Policy

Intellectual Property Rights Policy

Research on Human Subjects: Ethics

Student Records