

**JUSTICE INSTITUTE OF BRITISH COLUMBIA  
COURSE OUTLINE**

**Division:** Centre for Leadership and Community Learning

**Program:** Creative and Expressive Therapies

**Course Code:** COUNS137

**Course Title:** Sound Counselling Skills: The Integrated Arts of Verbal  
Counselling and Music Therapy

<input checked="" type="checkbox"/>	New Course	<input type="checkbox"/>	Revised Course
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**Previous Course Code & Title:**

**Course Effective Date:** October 13, 2006

**Course Level:**

<input type="checkbox"/>	First Year	<input type="checkbox"/>	Second Year	<input type="checkbox"/>	Third Year	<input type="checkbox"/>	Fourth Year
<input type="checkbox"/>	Other:						

<input type="checkbox"/>	Required	<input checked="" type="checkbox"/>	Elective	# of Credits: <b>0.5</b>
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**Delivery Method:**

	Method	Hrs
<input checked="" type="checkbox"/>	Face to Face	<b>7</b>
<input type="checkbox"/>	Online	
<input type="checkbox"/>	Correspondence	
<input type="checkbox"/>	Simulation / Lab	
<input type="checkbox"/>	Practicum	

Is this course delivered only online?  Yes  No  # Hours

**Comments:**

**Pre-requisites:**

**Equivalent Course(s) within the JIBC:**

**Transfer Credit Exists at: (List Institutions)**

**Course Description:**

How can we combine music therapy methods and counselling skills in order to enrich our work? In this course, emphasis will be placed on directive counselling skills in both the world of music and counselling. How could different clients benefit from this unique combination of non-verbal and verbal expression? The main emphasis will be on coping with stress and crisis intervention.

**Grading System:**

**Check whichever applies to this course:** (if applicable)

	Letter Grades		Percentage		Pass/Fail		Credit/No Credit
	Complete/Incomplete	X	Attendance Only				

**Passing Grade:**

- 100% attendance in class
- Active contribution in large and small group discussions and activities

**Grading Scale:**

Letter Grade	Grade Points	% Range	Letter Grade	Grade Points	% Range
A+	4.33	90-100	C+	2.33	64-67
A	4.00	85-89	C	2.00	60-63
A-	3.67	80-84	C-	1.67	56-59
B+	3.33	76-79	D	1.00	50-55
B	3.00	72-75	F	0.00	0-49
B-	2.67	68-71			

**Evaluation - Activities and Weighing:** (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%		

**Comments:**

**Course Goals:**

- 1) To facilitate enrichment of clinical practice through the integrated arts of verbal counselling and music therapy
- 2) To utilize existing models of crisis intervention with music therapy methods and other creative arts

**Learning Objectives:**

**Upon successful completion of this course, the participant will be able to:**

- Implement music therapy techniques within their counselling practice
- Expand their knowledge base of verbal and non-verbal ways to facilitate process
- Learn about creative models for crisis intervention

**Course Topics/Content:**

- **Related theoretical approaches**
- **Crisis/stress theories:** Broad Spectrum Approach to mental health and Multidimensional Methods of Crisis Intervention
- **Music Therapy:** Introduction to the elements of music therapy. Priestley techniques using improvisation and simple percussion instruments
- **Practice session developing our “Creative Tool Box” in groups and in pairs:** Coping mechanisms - new tools that you can incorporate into your work.

**Text and Resource Materials:** ([APA Style Guidelines](#))

Required	Author Surname, Initials - Title	Date Publish ed	Current Edition	Place of Publicatio n	Chapter( s) Covered
1.					
2.					
3.					
4.					
5.					

**Comments and Course Policies:**

To view the Justice Institute of BC Policies listed below, visit:

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy

Harassment Policy

Prior Learning Assessment Policy

Student Code of Conduct

Academic Appeals Policy

Intellectual Property Rights Policy

Research on Human Subjects: Ethics

Student Records