

Justice Institute of British Columbia COURSE OUTLINE

Course Code: COUNS143

Course Title: Creativity as a Transformative Tool

Prerequisite Courses:

Sponsoring Division: Community and Social Justice Division, Centre for Counselling and Community Safety

Previous Course Code & Title:

Course Effective Date:

# of Credits:	0.5
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Course Description:

This one day course will provide you with an experiential learning opportunity to integrate some of the physical materials of everyday life into the therapeutic process. This practice is predicated on the concept of psychosynthesis, which can be an invaluable catalyst for transformative growth in the therapeutic context. It is intended to develop ways of working that complement the conversational dimension of therapy in a way that can contribute to the client's experiencing enhanced personal resourcing. You will be guided through some of the foundational theories supporting the skilled design of therapeutic interventions using materials such as altered books, and photographs, CD cases, matchboxes, found objects, photocopies, and other ephemera of everyday living. You will be encouraged to explore your potential applications specific to your client populations. No art-making experience is required. You will receive a resource book for future reference.

Course Goal(s):

The goals of this course are to introduce participants to innovative therapeutic interventions that use psychosynthesis and creativity as their foundation and to integrate these interventions into their current praxis.

Course Learning Objectives:

Upon successful completion of this course, the learner will be able to:

1. Describe the significance of psychosynthesis as a therapeutic tool
2. Describe the significance of the plasticity scale to the quality of the therapeutic process
3. Apply the plasticity scale to the design and implementation of therapeutic interventions
4. Describe and apply the significance of metaphor to the therapeutic process
5. Enhance their existing ways of working with another set of therapeutic tools

Course Topics/Content:

- Overview some of the essential theories of creativity as they contribute to the efficacy of the therapeutic process.
- Experience a range of various materials and their applications to such therapeutic endeavours as containment, connection, expression, and insight.

- Application of the plasticity scale to the design of specific therapeutic interventions
- Experience of engaging with the materials in the context of one's client populations.

Text and Resource Materials: Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

Required:

Recommended:

Course Level:

X	First Year		Second Year		Third Year		Fourth Year
	Other (describe):						

Equivalent Course(s) within the JIBC:

Class Delivery Methods:

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	7.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
Total Class Hours	7.0			

Comments on Delivery Methods:

Related Program(s): (where applicable)

Credit Transfer exists at: (List Institutions with official transfer agreements and name equivalent courses)

Course Grading System:

Check the system that applies to this course:

<input type="checkbox"/>	Letter Grades	<input type="checkbox"/>	Percentage	<input type="checkbox"/>	Pass/Fail	<input checked="" type="checkbox"/>	Credit/No Credit
<input type="checkbox"/>	Complete/Incomplete	<input type="checkbox"/>	Attendance Only	<input type="checkbox"/>	Not Applicable		

Passing Grade:	Credit Granted
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JIBC Standard Grading Scale for Letter, Grade Point and % Grades:

Letter Grade	Grade Points	% Range	Letter Grade	Grade Points	% Range
A+	4.33	90-100	C+	2.33	64-67
A	4.00	85-89	C	2.00	60-63
A-	3.67	80-84			
B+	3.33	76-79	C-	1.67	56-59
B	3.00	72-75	D	1.00	50-55
B-	2.67	68-71	F	0.00	0-49

Evaluation Activities and Weighing: (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

Comments on Evaluation:

100% attendance in all classes.

Active contribution to small and large group discussions and activities.

Other Course Guidelines, Procedures and Comments:

View the Justice Institute of BC Policies listed below at:

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy
Harassment Policy
Prior Learning Assessment Policy
Student Code of Conduct

Academic Appeals Policy
Intellectual Property Rights Policy
Research on Human Subjects: Ethics
Student Records