

Justice Institute of British Columbia COURSE OUTLINE

Course Code: COUNS151

Course Title: Unspoken Truths About Suicide: Detection and Intervention Strategies
Within First Nations and Inuit Communities

Prerequisite Courses:

Sponsoring Division: Community and Social Justice Division, Centre for Counselling and
Community Safety

Previous Course Code & Title:

# of Credits:	1.0
----------------------	------------

Course Description:

In this course, you will explore ways in which to identify at risk children, youth and adults. You will examine ways in which to respond to suicide in your communities by looking at prevention and intervention strategies such as educational awareness, community-based services and response teams, including ways in which to provide support to individuals and families bereaved by suicide. You will also examine differences in approaches to working with suicidality in First Nations and Inuit communities and main stream society. In addition, you will examine ways in which to implement sustainable community-based systems and practices in providing support, education and intervention for individuals and families impacted by suicide.

Course Goal(s):

Learners will develop a greater awareness into the detection of children, youth and adults who are at risk for suicide and the significance of implementing sustaining long-term community-based strategies.

Course Learning Objectives:

Upon successful completion of this course, the learner will be able to:

1. Explain why people choose suicide, and/or believe that suicide is the only option for them
2. Identify methods children, youth and adults use to strategize about suicide
3. Analyze what children and youth talk about after a suicide has occurred
4. Explain the contrast between suicide within First Nations and Inuit Communities and mainstream society
5. Define solutions that communities may implement to address the issue of suicide
6. Analyze effective responses to community pressure

Course Topics/Content:

- Children, Youth & Adults who attempt suicide
- Identifying ways suicide is strategized
- Detecting existing information on suicide within communities
- Strategic responses
- Community responses
- Why community-based services are often unaware of individuals who are suicidal
- The aftermath of suicide - responding to accusation, blame, etc.
- Contrast between First Nations, Inuit and mainstream communities
- Long-term effective strategies
- Copy-cat suicides
- Community-based response teams
- Education within school systems

Text and Resource Materials: Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

Required:

Recommended:

Course Level:

	First Year		Second Year		Third Year		Fourth Year
X	Other (describe):						

Equivalent Course(s) within the JIBC:

Class Delivery Methods:

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	14.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
Total Class Hours	14.0			

Comments on Delivery Methods:

Related Program(s): (where applicable)

Credit Transfer exists at: (List Institutions with official transfer agreements and name equivalent courses)

Course Grading System:

Check the system that applies to this course:

<input type="checkbox"/>	Letter Grades	<input type="checkbox"/>	Percentage	<input checked="" type="checkbox"/>	Pass/Fail	<input type="checkbox"/>	Credit/No Credit
<input type="checkbox"/>	Complete/Incomplete	<input type="checkbox"/>	Attendance Only	<input type="checkbox"/>	Not Applicable		

Passing Grade:	Pass
-----------------------	------

JIBC Standard Grading Scale for Letter, Grade Point and % Grades:

Letter Grade	Grade Points	% Range	Letter Grade	Grade Points	% Range
A+	4.33	90-100	C+	2.33	64-67
A	4.00	85-89	C	2.00	60-63
A-	3.67	80-84			
B+	3.33	76-79	C-	1.67	56-59
B	3.00	72-75	D	1.00	50-55
B-	2.67	68-71	F	0.00	0-49

Evaluation Activities and Weighing: (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

Comments on Evaluation:

100% attendance in all classes

Active contribution in large and small group discussions and activities

Other Course Guidelines, Procedures and Comments:

View the Justice Institute of BC Policies listed below at:

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy
Harassment Policy
Prior Learning Assessment Policy
Student Code of Conduct

Academic Appeals Policy
Intellectual Property Rights Policy
Research on Human Subjects: Ethics
Student Records