

Justice Institute of British Columbia COURSE OUTLINE

Course Code: COUNS152

Course Title: The Creative Therapist and The Creative Therapeutic Voice

Prerequisite Courses:

Sponsoring Division: Community and Social Justice Division, Centre for Counselling and Community Safety

Previous Course Code & Title:

# of Credits:	0.5
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Course Description:

Counsellors and therapists are often highly creative people, and the therapeutic process one of the most creative processes. When working with clients, creativity and therapy often overlap -what is creative is frequently therapeutic and vice versa. Yet counsellors and therapists are seldom encouraged to think of themselves as creative, or the therapy process as using a variety of imaginative techniques. We will explore ways of dealing with a variety of social, cultural, educational, professional and personal factors related to creativity. The course helps counselors and therapists find that place that looks at the world with new eyes and that ultimately helps them work with their clients in different and profoundly healing ways.

Course Goal(s):

This program is designed to help therapists intensify their connection with their own creative self. In doing so they will be better able to bring that process more fully into the therapeutic process. It will also explore a variety of creative tools they can use in the therapeutic process to facilitate healing.

Course Learning Objectives:

Upon successful completion of this course, the learner will be able to:

1. Have a greater understanding of the nature of creativity. This is shown to be a natural and intrinsic characteristic towards which all people, given the opportunity, will be drawn.
2. Explore the nature of children's early creativity, as well as gain insight into the elements that begin to interfere with it almost immediately.
3. Identify and understand aspects of the environment which enhance and facilitate the therapist's creativity.
4. Identify and understand the myriad of aspects of the environment which interfere with the therapist's creativity.
5. Identify and explore ways of dealing with a variety of social, cultural, educational, professional, and personal factors related to creativity.
6. Develop strategies for engaging in creative activities in the therapeutic process.
7. Develop strategies for encouraging clients to use their own creativity to facilitate healing.

Course Topics/Content:

- Nature of creativity
- Early experiences with creativity
- Enhancing Creativity
- Interference with Creativity
- Use of Creative Tools in Therapy

Text and Resource Materials: Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

Required:

Recommended:

Course Level:

	First Year		Second Year		Third Year		Fourth Year
X	Other (describe):						

Equivalent Course(s) within the JIBC:

Class Delivery Methods:

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	7.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
Total Class Hours	7.0			

Comments on Delivery Methods:

The course will include some lecture style presentation outlining theoretical frameworks experiential exercises, and group discussion.

Related Program(s): (where applicable)

Credit Transfer exists at: (List Institutions with official transfer agreements and name equivalent courses)

Course Grading System:

Check the system that applies to this course:

<input type="checkbox"/>	Letter Grades	<input type="checkbox"/>	Percentage	<input type="checkbox"/>	Pass/Fail	<input checked="" type="checkbox"/>	Credit/No Credit
<input type="checkbox"/>	Complete/Incomplete	<input type="checkbox"/>	Attendance Only	<input type="checkbox"/>	Not Applicable		

Passing Grade:	Credit Granted
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JIBC Standard Grading Scale for Letter, Grade Point and % Grades:

Letter Grade	Grade Points	% Range	Letter Grade	Grade Points	% Range
A+	4.33	90-100	C+	2.33	64-67
A	4.00	85-89	C	2.00	60-63
A-	3.67	80-84			
B+	3.33	76-79	C-	1.67	56-59
B	3.00	72-75	D	1.00	50-55
B-	2.67	68-71	F	0.00	0-49

Evaluation Activities and Weighing: (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

Comments on Evaluation:

100% attendance in all classes

Active contribution in large and small group discussions and activities

Other Course Guidelines, Procedures and Comments:

View the Justice Institute of BC Policies listed below at:

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy
Harassment Policy
Prior Learning Assessment Policy
Student Code of Conduct

Academic Appeals Policy
Intellectual Property Rights Policy
Research on Human Subjects: Ethics
Student Records