

## Justice Institute of British Columbia COURSE OUTLINE

**Course Code:** COUNS153

**Course Title:** The Many Faces of Grief: A Culturally Sensitive Approach to a Universal Experience

**Prerequisite Courses:**

**Sponsoring Division:** Community and Social Justice Division, Centre for Counselling and Community Safety

**Previous Course Code & Title:**

<b># of Credits:</b>	<b>0.5</b>
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### **Course Description:**

This course will look at grief from a variety of perspectives, focusing on the adult experience. Various models of the grief process will be introduced. In addition rituals and cultural beliefs pertinent to the South Asian, Chinese and Italian communities will be presented. Whether you are new to the experience of caring for those in grief or a veteran, this course will provide you with newly refined skills and abilities.

### **Course Goal(s):**

At the end of this course participants will be able to describe the grief process, identify their own values and assumptions and how they impact their work with those in grief. They will have an increased understanding of the cultural factors, and natural barriers that influence and impact the grief process in selected cultures along with strategies for supporting individuals and families through their grief.

### **Course Learning Objectives:**

Upon successful completion of this course, the learner will be able to:

1. Assess ones own beliefs, values and assumptions and the impact they have when working with others through the grief experience.
2. Understand various models of the grief process.
3. Understand the impact of values and beliefs from diverse cultural backgrounds.
4. Be able to identify cultural factors when supporting individuals & families through their grief.
5. Understand cultural beliefs, rituals, and values around end-of-life issues as they relate to the South Asian, Chinese and Italian communities.
6. Become aware of the natural barriers to cultural competence in the art of grief support.

### **Course Topics/Content:**

- Exercises and discussion on personal loss history.
- Definitions of culture, stereotypes, and biases.

- Value orientations; worldviews.
- Various Models of grief process:
  - Nancy Reeves
  - Teresa Rando
  - Elizabeth Kubler-Ross
  - Alan Wolfelt
- Mourners Bill of Rights
- Misconceptions surrounding grief and loss
- Cultural beliefs, rituals of South Asian, Chinese and Italian communities
- The Transformative nature of grief and mourning

**Text and Resource Materials:** Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

**Required:**

**Recommended:** Alan Wolfelt "Understanding Grief"

Therese Rando "Clinical Dimensions of Anticipated Mourning" Research Press 2000

**Course Level:**

	First Year		Second Year		Third Year		Fourth Year
X	Other (describe):						

**Equivalent Course(s) within the JIBC:**

**Class Delivery Methods:**

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	7.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
<b>Total Class Hours</b>	7.0			

**Comments on Delivery Methods:**

The course will include some lecture style presentation outlining theoretical frameworks experiential exercises, and group discussion.

**Related Program(s):** (where applicable)

**Credit Transfer exists at:** (List Institutions with official transfer agreements and name equivalent courses)

**Course Grading System:**

Check the system that applies to this course:

<input type="checkbox"/>	Letter Grades	<input type="checkbox"/>	Percentage	<input type="checkbox"/>	Pass/Fail	<input checked="" type="checkbox"/>	Credit/No Credit
<input type="checkbox"/>	Complete/Incomplete	<input type="checkbox"/>	Attendance Only	<input type="checkbox"/>	Not Applicable		

<b>Passing Grade:</b>	Credit Granted
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*JIBC Standard Grading Scale for Letter, Grade Point and % Grades:*

Letter Grade	Grade Points	% Range	Letter Grade	Grade Points	% Range
A+	4.33	90-100	C+	2.33	64-67
A	4.00	85-89	C	2.00	60-63
A-	3.67	80-84			
B+	3.33	76-79	C-	1.67	56-59
B	3.00	72-75	D	1.00	50-55
B-	2.67	68-71	F	0.00	0-49

**Evaluation Activities and Weighing:** (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

**Comments on Evaluation:**

100% attendance in all classes.

Active contribution in large and small group discussions and activities.

**Other Course Guidelines, Procedures and Comments:**

**View the Justice Institute of BC Policies listed below at:**

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy  
Harassment Policy  
Prior Learning Assessment Policy  
Student Code of Conduct

Academic Appeals Policy  
Intellectual Property Rights Policy  
Research on Human Subjects: Ethics  
Student Records