

Justice Institute of British Columbia COURSE OUTLINE

Course Code: COUNS158

Course Title: Body, Mind, Spirit Connection for Life: Attachment with 6-12 Year Olds

Prerequisite Courses:

Sponsoring Division: Community and Social Justice Division, Centre for Counselling and Community Safety

Previous Course Code & Title:

# of Credits:	1.0
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Course Description:

Attachment forms the basis for healthy relationships with self and others, learning capacity and physical health. You will learn the neurobiology of attachment and trauma as it applies to this age range. Practical family focused intervention strategies for healing attachment disruptions will be outlined through video of sessions and interactive discussion. Family sand tray, interactive family games and connection ideas are demonstrated.

Course Goal(s):

Course Learning Objectives:

Upon successful completion of this course, the learner will be able to:

1. Delineate the neurobiology of attachment and attachment styles
2. Implement the principles of attachment therapy taught in the setting the participant works in

Course Topics/Content:

- Attachment
- Neurobiology
- Early Intervention Strategies in 6-12 year olds and their family

Text and Resource Materials: Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

Required: We have several articles for hand-outs. One is an article Maureen McEvoy has developed as part of her research for updating the JI publication balancing Conflicting interest: A Counsellors Guide to the Legal Process. Dan Mitchell (with his business partner Lawrence Murphy) have written several articles about cyber counselling.

Recommended: Will have a reference list

Course Level:

X	First Year		Second Year		Third Year		Fourth Year
	Other (describe):						

Equivalent Course(s) within the JIBC:

COUNS125 – Strengthening Attachment

Class Delivery Methods:

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	14.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
Total Class Hours	14.0			

Comments on Delivery Methods:

Lecture, discussion, exercises, video clips of sessions

Related Program(s): (where applicable)

Credit Transfer exists at: (List Institutions with official transfer agreements and name equivalent courses)

Course Grading System:

Check the system that applies to this course:

	Letter Grades		Percentage		Pass/Fail	X	Credit/No Credit
	Complete/Incomplete		Attendance Only		Not Applicable		

Passing Grade:	Credit Granted
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JIBC Standard Grading Scale for Letter, Grade Point and % Grades:

Letter Grade	Grade Points	% Range
A+	4.33	90-100
A	4.00	85-89
A-	3.67	80-84
B+	3.33	76-79
B	3.00	72-75

Letter Grade	Grade Points	% Range
C+	2.33	64-67
C	2.00	60-63
C-	1.67	56-59
D	1.00	50-55

B-	2.67	68-71	F	0.00	0-49
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Evaluation Activities and Weighing: (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

Comments on Evaluation:

100% attendance in all classes

Active contribution to small and large group discussions and activities

Other Course Guidelines, Procedures and Comments:

View the Justice Institute of BC Policies listed below at:

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy
Harassment Policy
Prior Learning Assessment Policy
Student Code of Conduct

Academic Appeals Policy
Intellectual Property Rights Policy
Research on Human Subjects: Ethics
Student Records