

## Justice Institute of British Columbia COURSE OUTLINE

**Course Code:** COUNS159

**Course Title:** Cyber Counselling – Is It For You?

**Prerequisite Courses:**

**Sponsoring Division:** Community and Social Justice Division, Centre for Counselling and Community Safety

**Previous Course Code & Title:**

<b># of Credits:</b>	<b>0.5</b>
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### **Course Description:**

A one-day introduction into the world of cyber counselling – what it is, benefits and challenges, ethical and legal issues surrounding it. Many counsellors are inadvertently involved in email counselling simply through the exchange of emails with clients. Come learn what is required to meet ethical standards using the new technology. Learn practical skills for this new method of communication with clients.

### **Course Goal(s):**

1. Familiarization with the pros and cons of internet based counselling methods
2. Exploration of the ethical and legal challenges surrounding such methods

### **Course Learning Objectives:**

Upon successful completion of this course, the learner will be able to:

1. Discuss potential clinical benefits of using internet technology such as email, , video counselling
2. Discuss potential challenges of using internet technology such as email, chat therapy video counselling
3. Discuss the legal and ethical implications of using internet technology such as email, chat therapy video counselling
4. Learn practical skills to convey nuances while using written mediums such as email or chat therapy.

### **Course Topics/Content:**

**Text and Resource Materials:** Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

**Required:** We have several articles for hand-outs. One is an article Maureen McEvoy has developed as part of her research for updating the JI publication balancing Conflicting interest: A

Counsellors Guide to the Legal Process. Dan Mitchell (with his business partner Lawrence Murphy) have written several articles about cyber counselling.

**Recommended:**

**Course Level:**

	First Year		Second Year		Third Year		Fourth Year
X	Other (describe):						

**Equivalent Course(s) within the JIBC:**

**Class Delivery Methods:**

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	7.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
<b>Total Class Hours</b>	7.0			

**Comments on Delivery Methods:**

We will be using the technology within the classroom and will demonstrate various types of internet connection. We will also simulate a counselling session in order to demonstrate counselling skills for this medium.

**Related Program(s):** (where applicable)

**Credit Transfer exists at:** (List Institutions with official transfer agreements and name equivalent courses)

**Course Grading System:**

Check the system that applies to this course:

	Letter Grades		Percentage	X	Pass/Fail		Credit/No Credit
	Complete/Incomplete		Attendance Only		Not Applicable		

<b>Passing Grade:</b>	Pass
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JIBC Standard Grading Scale for Letter, Grade Point and % Grades:

<b>Letter Grade</b>	<b>Grade Points</b>	<b>% Range</b>	<b>Letter Grade</b>	<b>Grade Points</b>	<b>% Range</b>
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A+	4.33	90-100
A	4.00	85-89
A-	3.67	80-84
B+	3.33	76-79
B	3.00	72-75
B-	2.67	68-71

C+	2.33	64-67
C	2.00	60-63
C-	1.67	56-59
D	1.00	50-55
F	0.00	0-49

**Evaluation Activities and Weighing:** (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

**Comments on Evaluation:**

100% attendance in all classes

Active contribution to small and large group discussions and activities

**Other Course Guidelines, Procedures and Comments:**

**View the Justice Institute of BC Policies listed below at:**

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy  
Harassment Policy  
Prior Learning Assessment Policy  
Student Code of Conduct

Academic Appeals Policy  
Intellectual Property Rights Policy  
Research on Human Subjects: Ethics  
Student Records