

Justice Institute of British Columbia COURSE OUTLINE

Course Code: COUNS163

Course Title: Expressive Play Therapy for the Grieving Child

Prerequisite Courses: Expressive Play Therapy Methods – Level 1 (CY104) and Level 2 (CY104A) strongly recommended

School: School of Health, Community & Social Justice

Division/Academy/Centre: Centre for Counselling and Community Safety

Previous Course Code & Title: COUNS132 Expressive Therapies to Help the Grieving Child

Course First Offered: April 2011

# of Credits:	1.5
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Course Description:

The content of this course will focus on the use of expressive therapies to help children who have suffered the loss of a primary caregiver or family member, whether a temporary loss such as separation, divorce, hospitalization, or incarceration, or a permanent loss due to death, adoption, foster care, and/or immigration. Topics will also include: the crucial role of the mother-child relationship; the effects of the loss of a primary attachment on the child's emotional well-being; the impact of unresolved grief on the child's ability to form satisfying relationships; the grieving process and its stages; the needs of grieving children at each stage of their healing process; and the use of expressive therapies to help children deal with the various stages of the grieving process. You will have the opportunity to experience the image-making process (using metaphors, visualizations, art, assemblage, sewing, and storytelling) as related to the topic of loss.

Course Goal(s):

At the end of this one day program, participants will be able to assess the client's needs as related to complicated grief or PTSD and can provide effective intervention or appropriate referral if necessary.

Learning Outcomes:

Upon successful completion of this course, the learner will be able to:

1. Provide a good working definition of grief, loss, complicated grief and Post Traumatic Stress Disorder.
2. Describe how these issues exist along a "Stress Continuum"
3. Work from a relevant model of the "normal" grief process
4. Identify a list of factors which can complicate the grief process
5. Differentiate between complicated grief and Post Traumatic Stress Disorder
6. Generate a list of effective interventions appropriate to working with complicated grief

Course Topics/Content:

- What are grief and loss “supposed” to look like?
- Factors that complicate the grief process
- What is PTSD?
- How PTSD and complicated grief are different
- Effective Interventions using expressive therapies

Text and Resource Materials:

Required:

Recommended:

Course Level:

	First Year	x	Second Year		Third Year		Fourth Year
	Graduate		Other (describe):				

Equivalent Course(s) within the JIBC:

Class Delivery Methods:

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	10.5			
Simulation/Lab	10.5			
Praxis Exercise	n/a			
Practicum/Fieldwork	n/a			
Online	n/a			
Correspondence	n/a			
Total Class Hours	21.0			

Comments on Delivery Methods:

Course Grading System:

	Letter Grades		Percentage	x	Pass/Fail
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	Complete/Incomplete	Attendance Only
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Passing Grade:	Pass
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Evaluation Activities and Weighting:

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	50%	Other	%
Quizzes/Test	%	Simulations	50%	Practicum	%	TOTAL	100%

Comments on Evaluation Activities and Weighting:

100% attendance in all classes.

Active contribution in large and small group discussions and activities.

Other Course Guidelines, Procedures and Comments:

View official versions of related JIBC academic regulations and student policies in the *JIBC Calendar* on the following pages of the JIBC website:

Academic Regulations:

<http://www.jibc.ca/programs-courses/jibc-calendar/academic-regulations>

Student Academic Integrity Policy
Academic Progression Policy
Admissions Policy
Academic Appeals Policy
Evaluation Policy
Grading Policy

Student Policies:

<http://www.jibc.ca/about-jibc/governance/policies>

Access Policy
Harassment Policy – Students
Student Records Policy
Student Code of Conduct Policy

JIBC Core Competencies

The JIBC promotes the development of core and specialized competencies in its programs. Graduates of our programs will demonstrate high levels of competence in the following areas:

Critical thinking

Identify and examine issues and ideas; analyze and evaluate options in a variety of fields with differing assumptions, contents and methods.

Communication, oral and written

Demonstrate effective communication skills by selecting the appropriate style, language and form of communication suitable for different audiences and mediums.

Leadership

Inspire individuals and teams to reach their potential by embracing innovation through strategic thinking and shared responsibility.

Independent learning

Show initiative by acting independently in choosing effective, efficient and appropriate applied learning, research and problem solving strategies.

Globally-Minded

Self-aware of own identity and culture, recognize the interconnectedness of world events and issues; interact respectfully and authentically across cultures; value multiple perspectives; utilize curiosity to learn with and from others.

Problem solving

State problems clearly; effectively and efficiently evaluate alternative solutions; choose solutions that maximize positive and minimize negative outcomes.

Interpersonal relations

Know and manage ourselves; recognize and acknowledge the needs and emotions of others including those with diverse cultures, backgrounds and capabilities.

Inter-professional teamwork

Understand and work productively within and between groups, respect others' perspectives and provide constructive feedback with special attention to inter-professional relationships.

Information literacy

Recognize and analyze the extent and nature of an information need; efficiently locate and retrieve information; evaluate it and its sources critically, and use information effectively and ethically.