

## Justice Institute of British Columbia COURSE OUTLINE

**Course Code:** COUNS167

**Course Title:** Connecting People and the Planet: Exploring Ecopsychology

**Prerequisite Courses:**

**Sponsoring Division:** Community and Social Justice Division, Centre for Counselling and Community Safety

**Previous Course Code & Title:**

<b># of Credits:</b>	.5
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### **Course Description:**

Ecopsychology puts psyche and soul back into the world, expanding the parameters of psychology to include an engagement with the environment and all planetary life. An exploration of the theory and practice of ecopsychology, including experiential activities both indoors and outdoors, will enable you to discover concepts and skills that will support you and your clients to find sustaining resources in nature as well as new perceptions of your own relationship to the natural world. In this highly experiential workshop you will find a path that can bring healing to even the most troubled and traumatized clients, supporting them to find a deep and meaningful connection to all life.

### **Course Goal(s):**

To gain an understanding of the concepts and practices of ecopsychology and their relevance to the individual, to clinical practice and to the relationship of people to the planet. To develop the ability to apply these concepts and practices into personal life and clinical practice.

### **Course Learning Objectives:**

**Upon successful completion of this course, the learner will be able to:**

1. Comprehend and articulate the central concepts of ecopsychology, gaining a new perspective on the human-nature relationship
2. Apply experiential practices from ecopsychology to both personal life and clinical practice, including practice with traumatized clients

### **Course Topics/Content:**

- Learning about the evolution, theory and practice of ecopsychology
- Engaging in experiential practices indoors and in nature designed to shift our relationship to nature
- Exploring the links between ecopsychology and trauma psychology and developing an integrated practice
- Applying theory and experiential practices to diverse clinical approaches and practice

**Text and Resource Materials:** Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

**Required:**

**Recommended:**

**Course Level:**

	First Year		Second Year		Third Year		Fourth Year
x	Other (describe):						

**Equivalent Course(s) within the JIBC:**

**Class Delivery Methods:**

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	7.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
<b>Total Class Hours</b>	7.0			

**Comments on Delivery Methods:**

PeerNetBC's courses are based on discussions and experiential learning activities. Students learn by doing.

**Related Program(s):** (where applicable)

**Credit Transfer exists at:** (List Institutions with official transfer agreements and name equivalent courses)

**Course Grading System:**

Check the system that applies to this course:

Letter Grades	Percentage	X	Pass/Fail	Credit/No Credit
Complete/Incomplete	Attendance Only		Not Applicable	

<b>Passing Grade:</b>	Pass
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JIBC Standard Grading Scale for Letter, Grade Point and % Grades:

Letter Grade	Grade Points	% Range	Letter Grade	Grade Points	% Range
A+	4.33	90-100	C+	2.33	64-67
A	4.00	85-89	C	2.00	60-63
A-	3.67	80-84			
B+	3.33	76-79	C-	1.67	56-59
B	3.00	72-75	D	1.00	50-55
B-	2.67	68-71	F	0.00	0-49

**Evaluation Activities and Weighing:** (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

**Comments on Evaluation:**

100% attendance in the class

**Other Course Guidelines, Procedures and Comments:**

**View the Justice Institute of BC Policies listed below at:**

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy  
Harassment Policy  
Prior Learning Assessment Policy  
Student Code of Conduct

Academic Appeals Policy  
Intellectual Property Rights Policy  
Research on Human Subjects: Ethics  
Student Records