

**Justice Institute of British Columbia
COURSE OUTLINE****Course Code: COUNS176****Course Title: Unspoken Truths About Suicide: A Personal Look at Suicide Through the Eyes of Those Who Attempt or Complete Suicide****Prerequisite Courses:****School: School of Community and Social Justice****Division/Academy/Centre: Community and Social Justice Division, Centre for Counselling and Community Safety****Previous Course Code & Title: COUNS151 Unspoken Truths About Suicide: Detection and Intervention Strategies Within First Nations and Inuit Communities****Course First Offered: November 2010**

# of Credits:	1.5
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Course Description:

In this course, you will explore ways in understanding what people go through before, during and after a suicide attempt by examining the rational suicidal persons use to eventually take or attempt to end their own life. You will look through the eyes of those who chose death as a means to an end by examining suicide letters, poems and drawings to gain insights into their thoughts and feelings prior to their attempt to end their life. You will address the effects of suicide attempts on the survivors, their family and community. You will also examine differences in approaches to working with suicidality in various communities.

Course Goal(s):

Learners will develop a greater awareness and insight into the suicide ideation of children, youth and adults who attempt or complete suicide and the significance of implementing sustainable long-term community-based strategies.

Learning Outcomes:

Upon successful completion of this course, the learner will be able to:

1. Explain why people choose suicide, and/or believe that suicide is the only option for them
2. Identify methods children, youth and adults use to strategize about suicide
3. Analyze what children and youth talk about after a suicide has occurred
4. Define solutions that communities may implement to address the issue of suicide
5. Analyze effective responses to community pressure

Course Topics/Content:

- Children, Youth & Adults who attempt suicide
- Suicide ideation process

- Suicide and comorbidity
- Detecting existing information on suicide within communities
- Strategic responses
- Family and Community responses
- Why community-based services are often unaware of individuals who are suicidal
- The aftermath of suicide - responding to accusation, blame, etc.
- The Internet and Suicide
- Long-term effective strategies
- Copy-cat suicides
- Education within school systems

Text and Resource Materials:

Required:

Recommended:

Course Level:

	First Year		Second Year		Third Year		Fourth Year
X	Other (describe):						

Equivalent Course(s) within the JIBC:

Class Delivery Methods:

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	21.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
Total Class Hours	21.0			

Comments on Delivery Methods:

Course Grading System:

	Letter Grades		Percentage	X	Pass/Fail
	Complete/Incomplete		Attendance Only		

Passing Grade:	Pass
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Evaluation Activities and Weighing:

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

Comments on Evaluation Activities and Weighing:

100% attendance in all classes

Active contribution in large and small group discussions and activities

Other Course Guidelines, Procedures and Comments:

View the Justice Institute of BC Policies listed below at:

<http://www.jibc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy

Harassment Policy

Prior Learning Assessment Policy

Student Code of Conduct

Academic Appeals Policy

Intellectual Property Rights Policy

Research on Human Subjects: Ethics

Student Records