

Justice Institute of British Columbia COURSE OUTLINE

Course Code: COUNS187

Course Title: Change is Possible: Working with Men who Abuse in Relationships

Prerequisite Courses:

School: School of Community and Social Justice

Division/Academy/Centre: Community and Social Justice Division, Centre for Counselling and
Community Safety

Previous Course Code & Title:

Course First Offered: January 2011

# of Credits:	.5
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Course Description:

Counselling men who perpetrate violence and abuse in relationships is difficult work. To be effective, it is necessary for both a strong therapeutic alliance and a focus on accountability to co-exist. Emotional and physical safety of the partner and children must remain at the forefront while helping the man to work toward change. In this course participants will explore principles of best practice in both group and individual work.

Course Goal(s):

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Learning Outcomes:

Upon successful completion of this course, the learner will be able to:

1. Understand issues related to working with clients who use abuse in relationships.
2. Identify effective strategies for responding when working with clients who use violence and abuse in relationships.

Course Topics/Content:

- Guiding principles – the philosophy of the work and how it is different from other types of counselling work.
- Power dynamics and behaviour that reflect a misuse of power
- Working with men who do not abuse physically, but who engage in other forms of control and abuse.
- Specific challenges for the counselor related to beliefs/behaviours associated with misuse of power in the relationship.
- Building the therapeutic alliance and developing motivation for change
- Strategies for responding to specific beliefs/behaviours associated with the misuse of power in relationships.

Text and Resource Materials:

Required:

Recommended:

Course Level:

X	First Year		Second Year		Third Year		Fourth Year
	Other (describe):						

Equivalent Course(s) within the JIBC:

Class Delivery Methods:

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	7.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
Total Class Hours	7.0			

Comments on Delivery Methods:

Course Grading System:

	Letter Grades		Percentage	X	Pass/Fail
	Complete/Incomplete		Attendance Only		

Passing Grade:	Pass
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Evaluation Activities and Weighing:

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

Comments on Evaluation Activities and Weighing:

100% attendance in all classes

Active contribution in large and small group discussions and activities

Other Course Guidelines, Procedures and Comments:

View the Justice Institute of BC Policies listed below at:

<http://www.jibc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy

Harassment Policy

Prior Learning Assessment Policy

Student Code of Conduct

Academic Appeals Policy

Intellectual Property Rights Policy

Research on Human Subjects: Ethics

Student Records