



Justice Institute of British Columbia COURSE OUTLINE

Course Code: CRT152

Course Title: Mental Illness First Aid

Prerequisite Courses:

Sponsoring Division: Courts Academy, Sheriffs Services

Previous Course Code & Title: CRTS600

Course Effective Date:

# of Credits:	1
----------------------	---

Course Description: MIFA is a 2-day course designed for people working with the public to gain a better understanding of mental illness and the basic skills and knowledge to deal with specific situations.

Course Goal(s):

- MIFA follows a physical First Aid module by teaching people first responder skills that will help save lives.

Course Learning Objectives:

Upon successful completion of this course, the participant will be able to:

- Recognize the signs and symptoms of a mental illness
- Respond in a compassionate, safe and supportive way
- Refer people to appropriate resources

Course Topics/Content:

- **Day One:** Depression, Suicide Awareness, Personal Story, Bipolar Disorder, Mental Illness in the Media Classroom
- **Day Two:** Psychosis, Schizophrenia, Anxiety Disorders, Concurrent Disorders, Community Resources.

Text and Resource Materials: Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

Required:

Recommended:

Course Level:

	First Year		Second Year		Third Year		Fourth Year
	Other (describe):						

Equivalent Course(s) within the JIBC:



Class Delivery Methods:

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	16			
Simulation/Lab				
Practicum/Fieldwork				
Online				
Correspondence				
Total Class Hours	16			

Comments on Delivery Methods:

Related Program(s): (where applicable)

Credit Transfer exists at: (List Institutions with official transfer agreements and name equivalent courses)

Course Grading System:

Check the system that applies to this course:

Letter Grades		Percentage		Pass/Fail		Credit/No Credit
Complete/Incomplete	x	Attendance Only		Not Applicable		

Passing Grade:

JIBC Standard Grading Scale for Letter, Grade Point and % Grades:

Letter Grade	Grade Points	% Range	Letter Grade	Grade Points	% Range
A+	4.33	90-100	C+	2.33	64-67
A	4.00	85-89	C	2.00	60-63
A-	3.67	80-84			
B+	3.33	76-79	C-	1.67	56-59
B	3.00	72-75	D	1.00	50-55
B-	2.67	68-71	F	0.00	0-49

Evaluation Activities and Weighing: (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

Comments on Evaluation:



Other Course Guidelines, Procedures and Comments:

View the Justice Institute of BC Policies listed below at:

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy
Harassment Policy
Prior Learning Assessment Policy
Student Code of Conduct

Academic Appeals Policy
Intellectual Property Rights Policy
Research on Human Subjects: Ethics
Student Records