

## Justice Institute of British Columbia COURSE OUTLINE

**Course Code: CY104B**

**Course Title: Expressive Play Therapy Methods to Help the Abused and Neglected Child**

**Prerequisite Courses: Expressive Play Therapy Methods – Level 1 (CY104)**

**Sponsoring Division: Community and Social Justice Division, Centre for Counselling and Community Safety**

**Previous Course Code & Title:**

**Course Effective Date:**

<b># of Credits:</b>	<b>1.0</b>
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### **Course Description:**

This course is for practioners who use play therapy in their work with children who have experienced and disclosed abuse and neglect. Course content reviews theoretical principles underlying the use of expressive play therapy methods with severely traumatized, abused and neglected children and illustrates ways of addressing their main clinical issues. This two-day course will explore the many ways of helping such children strengthen themselves and, time permitting, begin to heal their wounds and live more healthily in a reality that often cannot be changed.

### **Course Goal(s):**

By the end of this 2 day, 14 hour course, participants will be able to discuss and implement practical and compassionate ways of helping severely abused and neglected children be with their many layered pain in healthier and less destructive ways and time permitting, begin to heal their traumas.

### **Course Learning Objectives:**

Upon successful completion of this course, the learner will be able to:

1. Describe theoretical principles of Holistic Expressive Therapy as related to the subject of neglect and interpersonal trauma.
2. Describe the principles underlying the use of expressive therapies with abused and neglected children
3. Identify and address the therapeutic needs specific to abused and neglected children.
4. Provide a reparative experience that addresses the most basic needs of abused and neglected children , taking into their account emotional, cognitive and behavioural stage of development.
5. Use imagery and a variety of expressive therapies to help the children internalize the sense of safety experienced in the play sessions and develop positive memories to draw upon when needed.
6. Use expressive play therapy methods to help children safely deal with painful issues related to interpersonal trauma.

**Course Topics/Content:**

- The crucial role of attachment and the effects of lack of and distortions of attachment caused by different forms of abuse .
- The effects of various forms of interpersonal trauma on the child's development .
- Theoretical principles underlying the use of expressive therapies with abused and neglected children.
- What needs to take place for such children to begin to heal their wounds.
- Expressive therapies used to address the core issues of interpersonal trauma (illustrated by slides).
- Viewing and discussion of videotaped excerpt illustrating how a child who suffered from different forms of abuse and neglect expressed and transformed his pain.
- Opportunity to practise and further explore the use of expressive play therapy with abused and neglected children through role plays and discussion of case concerns.

**Text and Resource Materials:** Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

**Required:**

**Recommended:**

**Course Level:**

<b>X</b>	First Year		Second Year		Third Year		Fourth Year
	Other (describe):						

**Equivalent Course(s) within the JIBC:**

**Class Delivery Methods:**

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

<b>Delivery Methods</b>	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	14.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
<b>Total Class Hours</b>	14.0			

**Comments on Delivery Methods:**

**Related Program(s):** (where applicable)

**Credit Transfer exists at:** (List Institutions with official transfer agreements and name equivalent courses)

**Course Grading System:**

Check the system that applies to this course:

<input type="checkbox"/>	Letter Grades	<input type="checkbox"/>	Percentage	<input type="checkbox"/>	Pass/Fail	<input checked="" type="checkbox"/>	Credit/No Credit
<input type="checkbox"/>	Complete/Incomplete	<input type="checkbox"/>	Attendance Only	<input type="checkbox"/>	Not Applicable		

<b>Passing Grade:</b>	Credit Granted
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*JIBC Standard Grading Scale for Letter, Grade Point and % Grades:*

Letter Grade	Grade Points	% Range	Letter Grade	Grade Points	% Range
A+	4.33	90-100	C+	2.33	64-67
A	4.00	85-89	C	2.00	60-63
A-	3.67	80-84			
B+	3.33	76-79	C-	1.67	56-59
B	3.00	72-75	D	1.00	50-55
B-	2.67	68-71	F	0.00	0-49

**Evaluation Activities and Weighing:** (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

**Comments on Evaluation:**

100% attendance in all classes.

Active contribution in large and small group discussions and activities.

**Other Course Guidelines, Procedures and Comments:**

The content on this workshop, is based on Holistic Expressive Therapy, an integrative approach to healing that addresses the physical, emotional, cognitive and spiritual needs of children in therapy. This approach was originally developed by the instructor while working exclusively with abused and neglected children living in foster care.

**View the Justice Institute of BC Policies listed below at:**

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy  
Harassment Policy  
Prior Learning Assessment Policy  
Student Code of Conduct

Academic Appeals Policy  
Intellectual Property Rights Policy  
Research on Human Subjects: Ethics  
Student Records