

Justice Institute of British Columbia COURSE OUTLINE

Course Code: CY176

Course Title: Working with South Asian Youth and Young Adults

Prerequisite Courses:

Sponsoring Division: Community and Social Justice Division, Centre for Counselling and Community Safety

Previous Course Code & Title:

Course Effective Date:

# of Credits:	0.5
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Course Description:

This course is especially designed for therapists, counselors, social workers, law enforcement personnel, and other helping professionals interested in expanding their competency in working with South Asian youth and young adults. Participants will acquire a theoretical overview of the pertinent issues experienced by this population, such as intergenerational conflict, family relations, culture clash, out-group stress, and gender differences. The course will also provide a framework for understanding these issues in the light of therapeutic counseling and community policing. Successful completion of this course will equip participants with a greater awareness of South Asian cultural beliefs and values, and practical skills with regard to relationship building, assessment, goal setting, and selecting interventions. The course format will consist of lecture, discussion, demonstration, and applied activities.

Course Goal(s):

At the end of this 7 hour, 1 day course, participants will be able to discuss the main issues, theories, and models in regards to screening, assessing, and selecting interventions when working with South Asian youth and young adults.

Course Learning Objectives:

Upon successful completion of this course, the learner will be able to:

1. Identify the distinctive psycho-social-cultural issues experienced by South Asian youth and young adults.
2. Describe and utilize culturally appropriate assessment and screening procedures.
3. Delineate the stages of counseling in a South Asian cultural context: rapport and relationship building; assessment or definition of the problem; goal setting;
4. initiating interventions; and termination and follow-up.

Course Topics/Content:

- Overview of South Asian migration to British Columbia
- Overview of traditional South Asian values and beliefs
- Stages and skills of counseling in a cross-cultural context

- Culturally appropriate assessment and screening procedures
- Intergenerational conflict, family relations, culture clash, out-group stress, and gender differences
- Bridging Western and Eastern healing perspectives
- Implications for community policing
- Culture specific interventions

Text and Resource Materials: Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

Required:

Recommended:

Course Level:

X	First Year		Second Year		Third Year		Fourth Year
	Other (describe):						

Equivalent Course(s) within the JIBC:

Class Delivery Methods:

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	7.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
Total Class Hours	7.0			

Comments on Delivery Methods:

Related Program(s): (where applicable)

Credit Transfer exists at: (List Institutions with official transfer agreements and name equivalent courses)

Course Grading System:

Check the system that applies to this course:

<input type="checkbox"/>	Letter Grades	<input type="checkbox"/>	Percentage	<input type="checkbox"/>	Pass/Fail	<input checked="" type="checkbox"/>	Credit/No Credit
<input type="checkbox"/>	Complete/Incomplete	<input type="checkbox"/>	Attendance Only	<input type="checkbox"/>	Not Applicable		

Passing Grade:	Credit Granted
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JIBC Standard Grading Scale for Letter, Grade Point and % Grades:

Letter Grade	Grade Points	% Range	Letter Grade	Grade Points	% Range
A+	4.33	90-100	C+	2.33	64-67
A	4.00	85-89	C	2.00	60-63
A-	3.67	80-84			
B+	3.33	76-79	C-	1.67	56-59
B	3.00	72-75	D	1.00	50-55
B-	2.67	68-71	F	0.00	0-49

Evaluation Activities and Weighing: (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

Comments on Evaluation:

100% attendance in all classes.

Active contribution in large and small group discussions and activities.

Other Course Guidelines, Procedures and Comments:

View the Justice Institute of BC Policies listed below at:

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy
Harassment Policy
Prior Learning Assessment Policy
Student Code of Conduct

Academic Appeals Policy
Intellectual Property Rights Policy
Research on Human Subjects: Ethics
Student Records