

**JUSTICE INSTITUTE OF BRITISH COLUMBIA
COURSE OUTLINE**

Division: Centre for Leadership and Community Learning

Program: Counselling and Capacity Building

Course Code: CY177

Course Title: My Body is Not Your Playground: Sexual Boundaries Course
for Female Youth

<input checked="" type="checkbox"/>	New Course	<input type="checkbox"/>	Revised Course
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Previous Course Code & Title:

Course Effective Date: February 2-3, 2007

Course Level:

<input type="checkbox"/>	First Year	<input type="checkbox"/>	Second Year	<input type="checkbox"/>	Third Year	<input type="checkbox"/>	Fourth Year
<input type="checkbox"/>	Other:						

<input type="checkbox"/>	Required	<input type="checkbox"/>	Elective X	# of Credits: 1
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Delivery Method:

	Method	Hrs
<input checked="" type="checkbox"/>	Face to Face	14
<input type="checkbox"/>	Online	
<input type="checkbox"/>	Correspondence	
<input type="checkbox"/>	Simulation / Lab	
<input type="checkbox"/>	Practicum	

Is this course delivered only online? Yes No # Hours

Comments:

A **SAFETEEN** in partnership with **JIBC** certificate will be awarded upon completion.

Please note that we will be working in a gender separate and co-ed format with male participants of, The Power of Choice – Sexual Boundaries for male Youth.(#CY178)

Pre-requisites:

Equivalent Course(s) within the JIBC:

Transfer Credit Exists at: (List Institutions)

Course Description:

This two-day train-the-trainer course for mental health professionals, youth and family workers, law enforcement, and educators has been developed in response to the escalation of casual sex among teens, Schools all over North America are requesting help with this disturbing trend. An increasing number of teens are participating in friends with benefits – a casual, non-emotional approach to sexual activity. The girls say they are maintaining their virginity and rationalizing that it’s “not really sex.” Of particular concern are 12-14-year-old girls giving older boys oral sex. My Body Is Not Your Playground training will offer skills for helping girls and young women identify and nurture Core Strength. The influences of media, magazines, and the Internet and ways in which girls are socialized to give up their power to boys will be examined. The focus will be on strategies for teaching girls to establish boundaries and find their power in relation to sexual consent. All women are welcome. A SafeTeen in partnership with JIBC certificate will be awarded upon completion.

Grading System:

Check whichever applies to this course: (if applicable)

	Letter Grades		Percentage		Pass/Fail		Credit/No Credit
	Complete/Incomplete	X	Attendance Only				

Passing Grade:

- 100% attendance in all classes.
- Active contribution in large and small group discussions and activities.

Grading Scale:

Letter Grade	Grade Points	% Range	Letter Grade	Grade Points	% Range
A+	4.33	90-100	C+	2.33	64-67
A	4.00	85-89	C	2.00	60-63
A-	3.67	80-84	C-	1.67	56-59
B+	3.33	76-79	D	1.00	50-55
B	3.00	72-75	F	0.00	0-49
B-	2.67	68-71			

Evaluation - Activities and Weighing: (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%		

Comments:

Course Goals:

The goals of the course are to introduce the issues relevant to current youth sexual practices and reveal the impact of gender socialization along with the media/internet on female self-concept. Equally, this course will focus on empowering participants with the facts along with sexual consent and boundary skills to use and pass on to the girls they live and work with.

Learning Objectives:

At the end of this two-day, 14-hour course, participants will be able to:

- Identify the issues relevant to current youth sexual practices.
- Discover how and why things have changed and are changing for young females.
- Learn strategies for personal use and for teaching sexual consent and sexual boundaries to youth.
- Differentiate between impact of “casual sex” on females and the impact on male.

- Identify the impact of female socialization, the media, and the Internet on female self-concept.
- Understand and work with the concept of Core Strength.

Course Topics/Content:

- Current youth sexual practices from past to present
- Impact of socialization and media
- Strategies for empowering females
- Boundaries and sexual consent skills
- Personal and legal realities of Sexual Consent for females and males
- Nurturing Core Strength

Text and Resource Materials: ([APA Style Guidelines](#))

Required	Author Surname, Initials - Title	Date Published	Current Edition	Place of Publication	Chapter(s) Covered
1.					
2.					
3.					
4.					
5.					

Comments and Course Policies:

Although this course is designed for female participants, the *Sexual Boundaries Course for Male Youth: The Power of Choice* – (#CY178) is scheduled to run simultaneously with *My Body is Not Your Playground* to facilitate the practice and sharing of, information and skills with male participants of the male program. This is an ideal course for women who work with adolescent females and/or males.

The internationally acclaimed book: *SafeTeen: Powerful Alternatives to Violence* (Raincoast) will be available for purchase at the reduced rate of \$20

To view the Justice Institute of BC Policies listed below, visit:

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>



Access Policy

Harassment Policy

Prior Learning Assessment Policy

Student Code of Conduct

Academic Appeals Policy

Intellectual Property Rights Policy

Research on Human Subjects: Ethics

Student Records