

## Justice Institute of British Columbia COURSE OUTLINE

**Course Code:** CY179

**Course Title:** Youth Culture: Not a Stone Left Unturned

**Prerequisite Courses:**

**Sponsoring Division:** Community and Social Justice Division, Centre for Counselling and Community Safety

**Previous Course Code & Title:**

**Course Effective Date:**

<b># of Credits:</b>	<b>1.0</b>
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### **Course Description:**

This is a valuable two-day train-the-trainer course for mental health professionals, law enforcement, youth workers, and educators. In this powerful new training, women and men will explore youth culture from both a female and male perspective. Women will learn to navigate the language and rituals of teenage boys and men will explore the complexities of the teen girl world. With not a stone left unturned, this training will address unflinchingly the raw world of today's youth. Participants will tackle issues such as gender and violence, racism and homophobia, media and music, hip hop and spoken word, pornography and sexuality, impact of the Internet, fashion choices, disordered eating, and other self-harming practices. The dynamics of anger and fear and how we can teach our youth to manage these powerful emotions will be demonstrated. Co-facilitated by female and male trainers, the two days will alternate between a gender-separate and co-ed format. All persons are welcome. A SafeTeen certificate will be awarded upon completion.

### **Course Goal(s):**

The goals of this training are to share our communal wisdom with each other and to equip participants with current and cutting edge strategies for empowering themselves and empowering the youth they work with. Our aim is for women and men to effectively navigate the language and rituals of teenage boys and the complexities of the teen girl world with the spirit of the Peaceful Warrior: fierce compassion.

### **Course Learning Objectives:**

Upon successful completion of this course, the learner will be able to:

1. Identify current youth issues.
2. Discover new ways of empowering youth.
3. Manifest the spirit of the Peaceful Warrior.
4. Safely and effectively deal with intense teen emotions.
5. De-escalate youth violence.
6. Employ new strategies for working with youth-on-the-edge.
7. Better understand youth culture from both a female and male perspective.
8. Employ concrete skills with youth for managing fear and anger.
9. Differentiate between hip-hop, rap and spoken word.
10. Appreciate the power and impact of media on youth.

11. Work with the genres that youth love to empower them.

**Course Topics/Content:**

- Current youth culture
- Strategies for empowerment
- Skills for connecting with and empowering youth
- The Spirit of the Peaceful Warrior
- Gender and power
- Impact of media
- Music, hip-hop, rap, spoken word
- Anger and fear
- Youth violence

**Text and Resource Materials:** Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

**Required:**

**Recommended:**

**Course Level:**

<b>X</b>	First Year		Second Year		Third Year		Fourth Year
	Other (describe):						

**Equivalent Course(s) within the JIBC:**

**Class Delivery Methods:**

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

<b>Delivery Methods</b>	<b>Class Option A (Hours)</b>	<b>Class Option B (Hours)</b>	<b>Class Option C (Hours)</b>	<b>Class Option D (Hours)</b>
Classroom/Lecture/Discussion	14.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
<b>Total Class Hours</b>	14.0			

**Comments on Delivery Methods:**

**Related Program(s):** (where applicable)

**Credit Transfer exists at:** (List Institutions with official transfer agreements and name equivalent courses)

**Course Grading System:**

Check the system that applies to this course:

Letter Grades	Percentage	Pass/Fail	X	Credit/No Credit
Complete/Incomplete	Attendance Only	Not Applicable		

<b>Passing Grade:</b>	Credit Granted
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*JIBC Standard Grading Scale for Letter, Grade Point and % Grades:*

Letter Grade	Grade Points	% Range	Letter Grade	Grade Points	% Range
A+	4.33	90-100	C+	2.33	64-67
A	4.00	85-89	C	2.00	60-63
A-	3.67	80-84			
B+	3.33	76-79	C-	1.67	56-59
B	3.00	72-75	D	1.00	50-55
B-	2.67	68-71	F	0.00	0-49

**Evaluation Activities and Weighing:** (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

**Comments on Evaluation:**

100% attendance in all classes.

Active contribution in large and small group discussions and activities.

**Other Course Guidelines, Procedures and Comments:**

Co-facilitated by female and male trainers, the two days will alternate between a gender-separate and co-ed format. All persons are welcome. Please bring an open mind.

The internationally acclaimed book: *SafeTeen: Powerful Alternatives to Violence* (Raincoast) will be available for purchase at the reduced rate of \$20.

**View the Justice Institute of BC Policies listed below at:**

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy  
Harassment Policy  
Prior Learning Assessment Policy  
Student Code of Conduct

Academic Appeals Policy  
Intellectual Property Rights Policy  
Research on Human Subjects: Ethics  
Student Records