

Justice Institute of British Columbia COURSE OUTLINE

Course Code: CY256

Course Title: Promoting Resilience in Children: An Aboriginal Perspective

Prerequisite Courses:

Sponsoring Division: Community and Social Justice Division, Centre for Counselling and Community Safety

Previous Course Code & Title:

Course Effective Date:

# of Credits:	0.5
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Course Description:

This course will provide a brief overview of how stress impacts the body, and a brief historical perspective that will assist in identifying how the history of Aboriginal people continues to affect the lives of children, families, and communities today. Topics include: what resilience is, what promotes resilience, and the many traditional and non-traditional strategies participants can use to strengthen resilience in the children they work with. Suitable for anyone working with children and youth ages 3-19.

Course Goal(s):

At the end of this one day, 7 hour course, participants will be able to describe what resiliency is, what factors specifically foster Aboriginal children's resiliency and will leave with strategies they can implement to foster resiliency.

Course Learning Objectives:

Upon successful completion of this course, the learner will be able to:

1. Describe the impact of stress and trauma on children and be able to incorporate this knowledge in programming, home visits, etc.
2. Discuss the need for cultural components when working with Aboriginal children and their families.
3. Describe the impact of history on Aboriginal children and their families.
4. Develop strategies to foster resiliency with the children they work with.

Course Topics/Content:

- Physiological responses to Stress and Trauma
- Trauma in Native communities
- Resiliency
- Fostering and Promoting Resilient Children
- The Umbrella of First Nations Resiliency

Text and Resource Materials: Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

Required:

Recommended:

Course Level:

X	First Year		Second Year		Third Year		Fourth Year
	Other (describe):						

Equivalent Course(s) within the JIBC:

Class Delivery Methods:

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	7.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
Total Class Hours	7.0			

Comments on Delivery Methods:

Related Program(s): (where applicable)

Credit Transfer exists at: (List Institutions with official transfer agreements and name equivalent courses)

Course Grading System:

Check the system that applies to this course:

	Letter Grades		Percentage		Pass/Fail	X	Credit/No Credit
	Complete/Incomplete		Attendance Only		Not Applicable		

Passing Grade:	Credit Granted
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JIBC Standard Grading Scale for Letter, Grade Point and % Grades:

Letter Grade	Grade Points	% Range
A+	4.33	90-100
A	4.00	85-89
A-	3.67	80-84
B+	3.33	76-79
B	3.00	72-75
B-	2.67	68-71

Letter Grade	Grade Points	% Range
C+	2.33	64-67
C	2.00	60-63
C-	1.67	56-59
D	1.00	50-55
F	0.00	0-49

Evaluation Activities and Weighing: (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

Comments on Evaluation:

100% attendance in all classes.

Active contribution to small and large group discussions and activities.

Other Course Guidelines, Procedures and Comments:

View the Justice Institute of BC Policies listed below at:

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy
Harassment Policy
Prior Learning Assessment Policy
Student Code of Conduct

Academic Appeals Policy
Intellectual Property Rights Policy
Research on Human Subjects: Ethics
Student Records