

## Justice Institute of British Columbia COURSE OUTLINE

**Course Code: CY274**

**Course Title: The Circle of Courage**

**Prerequisite Courses:**

**Sponsoring Division: Community and Social Justice Division, Centre for Counselling and Community Safety**

**Previous Course Code & Title:**

<b># of Credits:</b>	<b>0.5</b>
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### **Course Description:**

For thousands of years, Aboriginal cultures nourished respectful and courageous children without employing punitive discipline. Now, recent youth development research is revealing the essential elements in raising confident and caring children. Drawing on his research with Drs. Larry Brendtro and Steve Van Bockern in their book "Reclaiming Youth at Risk," Dr. Martin Brokenleg presents "The Circle of Courage" which offers concrete strategies for creating environments in which all young people can grow and flourish, and suggests ways in which we can assist children in meeting their needs for attachment, achievement, autonomy and altruism. Research demonstrates that these elements are crucial to the development of resilience and inner strengths in children, and Dr. Brokenleg discusses the important role of parents, youth workers and advocates in fostering a youth-positive environment. This is a one day course is designed for Aboriginal workers, youth workers, foster parents, social workers, therapists and those who work with young children.

### **Course Goal(s):**

At the end of this one day, 7 hour course, participants will be able to develop specific strategies for fostering and creating youth-positive environments.

### **Course Learning Objectives:**

**Upon successful completion of this course, the learner will be able to:**

1. Describe a strength-based model, The Circle of Courage, that suggests belonging, mastery, independence and generosity underpin shared human needs
2. Have a working understanding of a strength-based perspective in meeting the developmental needs of youth
3. Describe the philosophical and psychological bases of The Circle of Courage
4. Have a working understanding of the Search Institutes asset development approach to working with youth
5. Identify core concepts of reclaiming environments
6. Contrast a developmental assessment with other assessment tools

7. Recognize the conflict cycle, counter-aggression and ways in which troubled youth relate, and differentiate between pro-social discipline and punitive discipline, service-learning and other concepts related to The Circle of Courage

**Course Topics/Content:**

- The Circle of Courage model
- Strength-based model of youth development
- Search Institutes asset development approach
- Reclaiming environments
- Developmental assessments

**Text and Resource Materials:** Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

**Required:**

**Recommended:**

**Course Level:**

x	First Year	Second Year	Third Year	Fourth Year
	Other (describe):			

**Equivalent Course(s) within the JIBC:**

**Class Delivery Methods:**

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	7.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
<b>Total Class Hours</b>	7.0			

**Comments on Delivery Methods:**

**Related Program(s):** (where applicable)

**Credit Transfer exists at:** (List Institutions with official transfer agreements and name equivalent courses)

**Course Grading System:**

Check the system that applies to this course:

	Letter Grades		Percentage		Pass/Fail		Credit/No Credit
	Complete/Incomplete	X	Attendance Only		Not Applicable		

<b>Passing Grade:</b>	Credit Granted
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*JIBC Standard Grading Scale for Letter, Grade Point and % Grades:*

Letter Grade	Grade Points	% Range	Letter Grade	Grade Points	% Range
A+	4.33	90-100	C+	2.33	64-67
A	4.00	85-89	C	2.00	60-63
A-	3.67	80-84			
B+	3.33	76-79	C-	1.67	56-59
B	3.00	72-75	D	1.00	50-55
B-	2.67	68-71	F	0.00	0-49

**Evaluation Activities and Weighing:** (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

**Comments on Evaluation:**

100% attendance in the class

**Other Course Guidelines, Procedures and Comments:**

**View the Justice Institute of BC Policies listed below at:**

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy  
Harassment Policy  
Prior Learning Assessment Policy  
Student Code of Conduct

Academic Appeals Policy  
Intellectual Property Rights Policy  
Research on Human Subjects: Ethics  
Student Records