

## Justice Institute of British Columbia COURSE OUTLINE

**Course Code:** CY275

**Course Title:** The Making of Violent Youth: Implications for Treatment and Prevention

**Prerequisite Courses:**

**Sponsoring Division:** Community and Social Justice Division, Centre for Counselling & Community Safety

**Previous Course Code & Title:**

**Course Effective Date:**

<b># of Credits:</b>	<b>0.5</b>
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### **Course Description:**

Research indicates that aggressive behavior is relatively stable over the life-span and that "high risk" children and youth can be identified at an early age. Dr. Meichenbaum will summarize the developmental trajectories of aggressive children, noting both risk and protective factors and then consider the implications for treatment and preventative efforts. For this presentation, he will use a variety of videos of training procedures to demonstrate interventions, and will also discuss gender differences in the development of aggressive behaviors, and note the implications for treatment.

Dr. Meichenbaum will offer a Case Conceptualization Model that informs both assessment and treatment decision-making where the interventions in schools, clinics and in the community will be highlighted. He will conclude with the use of videos and discussion of adult cases that cover such areas as suicidal behavior (aggression toward others and toward oneself) and family violence. A major focus of the workshop will be on ways to enhance the likelihood of treatment generalization

Since Dr. Meichenbaum retired from the University of Waterloo, some 15 years ago, he has devoted his professional career to reducing violence and helping victims of violence. More recently, he has been working with soldiers and their families in addressing the aftermath of combat exposure. See [www.warfighterdiaries.com](http://www.warfighterdiaries.com)

He will discuss the potential of using IPOD technology as a means to reduce violence.

### **Course Goal(s):**

At the end of this one day, 7 hour course, participants will develop an understanding of the development trajectories of aggressive children, and consider implications for treatment and prevention.

### **Course Learning Objectives:**

Upon successful completion of this course, the learner will be able to:

1. Trace the developmental trajectories of aggressive boys and girls
2. Use a Case Conceptualization Model that summarizes risk and protective factor and that informs assessment and treatment decision-making

3. Implement interventions in schools to reduce bullying and to use cognitive behavioral procedures with adolescents and their parents
4. Implement generalization guidelines and ways to provide primary, secondary and tertiary wrap-around services

**Course Topics/Content:**

- Developmental trajectories of high risk children
- Case Conceptualization Model that informs both assessment and treatment
- Adult suicidal behaviour
- The potential use of IPOD technology as a means to reduce violence

**Text and Resource Materials:** Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

**Required:**

**Recommended:**

**Course Level:**

	First Year		Second Year		Third Year		Fourth Year
x	Other (describe):						

**Equivalent Course(s) within the JIBC:**

**Class Delivery Methods:**

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	7.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
<b>Total Class Hours</b>	7.0			

**Comments on Delivery Methods:**

**Related Program(s):** (where applicable)

**Credit Transfer exists at:** (List Institutions with official transfer agreements and name equivalent courses)

**Course Grading System:**

*Check the system that applies to this course:*

<input type="checkbox"/>	Letter Grades	<input type="checkbox"/>	Percentage	<input type="checkbox"/>	Pass/Fail	<input type="checkbox"/>	x	<input type="checkbox"/>	Credit/No Credit
<input type="checkbox"/>	Complete/Incomplete	<input type="checkbox"/>	Attendance Only	<input type="checkbox"/>	Not Applicable				

<b>Passing Grade:</b>	
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*JIBC Standard Grading Scale for Letter, Grade Point and % Grades:*

Letter Grade	Grade Points	% Range
A+	4.33	90-100
A	4.00	85-89
A-	3.67	80-84
B+	3.33	76-79
B	3.00	72-75
B-	2.67	68-71

Letter Grade	Grade Points	% Range
C+	2.33	64-67
C	2.00	60-63
C-	1.67	56-59
D	1.00	50-55
F	0.00	0-49

**Evaluation Activities and Weighing:** (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

**Comments on Evaluation:**

**Other Course Guidelines, Procedures and Comments:**

**View the Justice Institute of BC Policies listed below at:**

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy  
Harassment Policy  
Prior Learning Assessment Policy  
Student Code of Conduct

Academic Appeals Policy  
Intellectual Property Rights Policy  
Research on Human Subjects: Ethics  
Student Records