

Justice Institute of British Columbia
COURSE OUTLINE**Course Code: CY278****Course Title: Facilitate This! Group Leadership Skills for Youth Workers****Prerequisite Courses:****School: School of Community and Social Justice****Division/Academy/Centre: Centre for Counselling and Community Safety – Counselling and Capacity Building****Previous Course Code & Title:****Course First Offered:**

# of Credits:	.5
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Course Description:

Youth workers! Brush up on your group facilitation and youth engagement skills. You will pick up new (and really fun) methods and activities for leading youth groups, exchange knowledge with your peers, and learn the theory and value of peer support amongst youth. Specifically, this course will focus on creating and fostering truly inclusive groups with a peer support model; the roles, responsibilities and methods of a group facilitator; and the stages of group development and how to work effectively within each stage. Participants will practice their new skills so they can work confidently with youth groups.

Course Goal(s):

Participants currently working with youth will gain deeper insight into the power of youth engagement and peer support. Youth workers will go back to their jobs with new tools for leading groups of youth and ensuring their groups are truly inclusive.

Learning Outcomes:

Upon successful completion of this course, the learner will be able to:

1. Explain theory, benefits and limits of peer support amongst youth
2. Lead groups of youth in engaging and meaningful activities

Course Topics/Content:

- Peer support
- Youth voice
- Youth engagement

- Ice breakers, team builders and energizers
- Inclusivity (anti-oppression education)
- Stages of group development

Text and Resource Materials: Use APA style; specify chapters where applicable. ([Style](#))

Required:

Recommended:

Course Level:

	First Year		Second Year		Third Year		Fourth Year
	Graduate	x	Other (describe):				

Equivalent Course(s) within the JIBC:

Class Delivery Methods:

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	7.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
Total Class Hours	7.0			

Comments on Delivery Methods:

PeerNetBC's courses are based on discussions and experiential learning activities. Students learn by doing.

Course Grading System:

	Letter Grades		Percentage	x	Pass/Fail
	Complete/Incomplete		Attendance Only		

Passing Grade:	Pass
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Evaluation Activities and Weighting:

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

Comments on Evaluation Activities and Weighting:

100% attendance in the class

Other Course Guidelines, Procedures and Comments:

View official versions of related JIBC academic regulations and student policies in the *JIBC Calendar* on the following pages of the JIBC website:

Academic Regulations:

[://www.jibc.ca/programs-courses/jibc-calendar/academic-](http://www.jibc.ca/programs-courses/jibc-calendar/academic-)

- Student Academic Integrity Policy
- Academic Progression Policy
- Admissions Policy
- Academic Appeals Policy
- Evaluation Policy
- Grading Policy

Student Policies:

[://www.jibc.ca/programs-courses/jibc-calendar/student-](http://www.jibc.ca/programs-courses/jibc-calendar/student-)

- Access Policy
- Harassment Policy – Students
- Student Records Policy
- Student Code of Conduct Policy

JIBC Core Competencies

The JIBC promotes the development of core and specialized competencies in its programs. Graduates of our programs will demonstrate high levels of competence in the following areas:

Critical thinking

Identify and examine issues and ideas; analyze and evaluate options in a variety of fields with differing assumptions, contents and methods.

Problem solving

State problems clearly; effectively and efficiently evaluate alternative solutions; choose solutions that maximize positive and minimize negative outcomes.

Communication, oral and written

Demonstrate effective communication skills by selecting the appropriate style, language and form of communication suitable for different audiences and mediums.

Interpersonal relations

Know and manage oneself; recognize and acknowledge the needs and emotions of others including those with diverse backgrounds and capabilities.

Leadership

Inspire individuals and teams to reach their potential by embracing innovation through strategic thinking and shared responsibility.

Independent learning

Show initiative by acting independently in choosing effective, efficient and appropriate applied learning, research and problem solving strategies.

Inter-professional teamwork

Understand and work productively within and between groups, respect others' perspectives and provide constructive feedback with special attention to inter-professional relationships.

Information literacy

Recognize and analyze the extent and nature of an information need; efficiently locate and retrieve information; evaluate it and its sources critically, and use information effectively and ethically.