



Centre for Leadership and Community Learning COURSE OUTLINE

Division: Centre for Leadership and Community Learning
Program: Counselling and Capacity Building
Course Code: EP285
Course Title: Embodying a Personal Truth in a Changing World:
The Path of Direct Perception

Course Effective Date:

Previous course code & title:

Required Elective Credits: 1.0

Total Course Hours (face-to-face): 14

Lab Hours (if any):NA

Practicum Hours (if any): NA

Delivery Method:

Face-to-face Distance Online

Prerequisites:

Equivalent Course(s) within the JI:

Brief Description:

There are many doors to greater awareness and the embodiment of presence. Drawing on the traditions of eastern and western psychology in the spirit of Alan Watts, this course teaches the theory and skill of direct perception. The threads of development bodywork, the inner energy body, and creative expression are interwoven in exploring a three stage process of client growth: connecting to self, embodying personal truth, and manifesting love. These skills may be integrated into many specific modalities such as trauma work, EMDR, Bodydynamics, family and couples counseling, or addictions. They may be applied in individual or group settings. Participants will be invited to present case examples, and to participate in discussion and experiential learning.

Evaluation Profile: Attendance only Credit / No Credit
Complete/Incomplete Pass/Fail
Letter Grade % Grade

Passing Grade (if applicable): Credit Granted

Evaluation Methods and Percentage of Total Grade:

100% attendance in all classes



Active contribution in large and small group discussions and activities.

Learning Outcomes / Goals:

(Overall goal of course for participants)

Learning Objectives:

Upon successful completion of this course, the participant will be able to:

Course Topics/Content:

Text and Resource Materials:

Required:

Recommended:

Comments and Course Policies:

Evaluations:

Course outline changes: All changes to course outlines communicated to learners in class.

JI Policies refer to website:

www.jibc.bc.ca/studentsservices/main/academicservices/policies.htm