

## COURSE OUTLINE 2008

**Division:** Community and Social Justice Division

**Program:** Instructor Development Certificate

**Course Title:** Training with Neuro Linguistic Programming (NLP)

**Course Effective Date:** 2007

**Required or Elective?** Elective                      **Credits:** 1

**Total Course Hours (face-to-face):** 14

**Delivery methods:** Course methodology is a combination of leader led lectures, small group, large group and individual work.

**Prerequisites:** none

**Equivalent Course(s) within the JI:** none

**Brief Description: (about 100 words)**

Neuro Linguistic Programming (NLP) is a communication methodology that goes to the heart of how people process their experiences. As a trainer or facilitator, NLP can help you assist workshop participants in processing information. This course will teach you how to use the principals of NLP in both your session designs and facilitation. You will learn how to accelerate transference of course content (training) or align differing view points (facilitation), giving you the intuitive edge and language that is needed to shift participants over "learning edges" and conflict. You will also learn how to anchor yourself so that you can be most effective in any training or facilitating situations. If you are an in-house trainer or an independent consultant, you will find strategies in this workshop to accelerate rapport with your audience or with a potential new client. This course is founded on NLP theory and includes information from accelerated learning theory, emotional intelligence, Co-Active Coaching and Organizational System Relationship Coaching.

**Evaluation Profile:** Credit/No Credit

**Passing Grade (if applicable):**      **Credit**

**Evaluation Methods and Percentage of Total Grade:** 100% attendance and active participation

**Learning Outcomes / Goals:**

- Simply put, this course will teach you how to use the principals of NLP in both your workshop designs and/or facilitation.

**Learning Objectives:**

You will learn how to:

- Accelerate transference of course content through innovative processes.
- Align differing participant viewpoints by working with the group's unspoken energy.
- Develop your intuitive abilities to help you quickly address situations.
- Anchor yourself to overcome nervousness in training and facilitation situations.
- Develop rapport through the use of behavior and language.

**Course Topics/Content:**

- This course is founded on NLP theory and includes content from accelerated learning theory, emotional intelligence, Co-Active Coaching and Organizational System Relationship Coaching.

**Text and Resource Materials:**

*Recommended:*

- Training with NLP, Joseph O'Connor;
- Co-Active Coaching, Laura Whitworth, Henry Kimsey-House & Phil Sandahl:

**Brief Instructor Biography:**

Tracie Moser, CPCC, has over 13 years of classroom design and delivery experience. She is a certified trainer of NLP, a certified Co-Active Coach and professional Organizational Systems Relationship coach. As the Principal of Moser Performance Group, she serves clients in British Columbia and Alberta.

**Comments and Course Policies:**

1 or 2-Day Course: Learners must attend the full course to receive credit.

*Course Outline Changes* – All Changes to course outlines communicated to students in class.

*Jl policies refer to website –*

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