

**Justice Institute of British Columbia  
Centre for Leadership and Community Learning**

**Course Outline**

**Division:** Centre for Leadership and Community Learning

**Program:** Individual Management/Leadership Electives

**Course Code:** MGMT 158

**Course Title:** Trusting You, Trusting Me

**Course Effective Date:**

**Previous Course Code and Title:**

**Course Hours (face to face):** 14 hours

**Pre-requisites:** None

**Delivery Method:** Classroom Instruction

**Brief Description:**

Trust is at the core of a functioning workplace. In days of corporate scandals, government corruption and soaring rates of dishonest absenteeism, how can we seek to establish and nurture an environment of mutual trust, understanding and empathy in the workplace? This course explores practical methods to take things one-step beyond "You scratch my back, I'll scratch yours" into high-quality professional relationships based on self-disclosure, honesty and understanding. Prepare to sharpen your self awareness and have a ripple effect on those around you in a course presented with a refreshing emphasis on personal development.

**Learning Outcomes / Goals:**

**Instructional Methodology:**

Course methodology is a combination of leader led lecturettes, small group, large group and individual work.

**Evaluation Methodology:**

- 100% attendance
- Full participation

**Textbooks and Resources:**