

Justice Institute of British Columbia
COURSE OUTLINE

Course Code: MGMT191
Course Title: Building Leadership Resiliency
Prerequisite Courses: None
School: Community and Social Justice
Division/Academy/Centre: Centre for Leadership
Previous Course Code & Title:
Course First Offered: September 2010

# of Credits:	1
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Course Description:

Many of us long to be more effective and purposeful in our work, but find ourselves depleted by challenging work environments and demanding schedules. In this course, you'll discover and cultivate the personal and organizational attitudes and skills needed to build your own leadership resiliency and better support the resiliency of your team. Improve your sense of well-being as a leader, and enhance the work experiences of yourself and others. Through exploring the "I" tools – Inspiration, Intentionality, Imagination, Integrity, Innovation and Invitation – you will develop a tool kit that energizes your approach to work, helps connect your heart and mind with your purpose, and moves you and others on the path towards work/life harmony.

Course Goal(s):

In this course, you'll discover and cultivate the personal and organizational attitudes and skills needed to build your own leadership resiliency and better support the resiliency of your team.

Learning Outcomes:

Upon successful completion of this course, the learner will be able to:

1. Identify the personal and professional habits and daily practices that help them become more effective and purposeful in their work
2. Understand how their personal values, beliefs and attitudes affect their work and their work communities.
3. Create a personal plan based on the concepts related to wellness of self and others.
4. Identify and use knowledge and resources that contribute to their resiliency as leaders.

Course Topics/Content:

Self awareness and awareness of others

- Understanding our personalities

Characteristics of communication

- Exploring communication in leadership practice

Building a culture of inquiry

- Appreciative inquiry and questioning

Integrity

- Understanding and practicing it
- Ethics in the workplace – our orientations and decision making

Creating a culture of Invitation in our workplaces

Finding and keeping ourselves inspired

Imagining the work communities we want

Text and Resource Materials: Course materials and resources will be provided to the class on the first day.

Required:

Recommended:

Course Level:

	First Year		Second Year		Third Year		Fourth Year
	Graduate		Other (describe): Professional Path				

Equivalent Course(s) within the JIBC: None

Class Delivery Methods:

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	7			
Simulation/Lab	7			
Practicum/Fieldwork				
Online				
Correspondence				
Total Class Hours	14			

Comments on Delivery Methods:

Course Grading System:

	Letter Grades		Percentage		Pass/Fail
	Complete/Incomplete		Attendance Only		

Passing Grade:	Pass
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Evaluation Activities and Weighting:

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

Comments on Evaluation Activities and Weighting: You must attend the full course to receive credit.

Other Course Guidelines, Procedures and Comments: None

View official versions of related JIBC academic regulations and student policies in the *JIBC Calendar* on the following pages of the JIBC website:

Academic Regulations:

<http://www.jibc.ca/programs-courses/jibc-calendar/academic-regulations>

Student Academic Integrity Policy
 Academic Progression Policy
 Admissions Policy
 Academic Appeals Policy
 Evaluation Policy
 Grading Policy

Student Policies:

<http://www.jibc.ca/programs-courses/jibc-calendar/student-policies>

Access Policy
 Harassment Policy – Students
 Student Records Policy
 Student Code of Conduct Policy

JIBC Core Competencies

The JIBC promotes the development of core and specialized competencies in its programs. Graduates of our programs will demonstrate high levels of competence in the following areas:

Critical thinking

Identify and examine issues and ideas; analyze and evaluate options in a variety of fields with differing assumptions, contents and methods.

Problem solving

State problems clearly; effectively and efficiently evaluate alternative solutions; choose solutions that maximize positive and minimize negative outcomes.

Communication, oral and written

Demonstrate effective communication skills by selecting the appropriate style, language and form of communication suitable for different audiences and mediums.

Leadership

Inspire individuals and teams to reach their potential by embracing innovation through strategic thinking and shared responsibility.

Independent learning

Show initiative by acting independently in choosing effective, efficient and appropriate applied learning, research and problem solving strategies.

Interpersonal relations

Know and manage oneself; recognize and acknowledge the needs and emotions of others including those with diverse backgrounds and capabilities.

Inter-professional teamwork

Understand and work productively within and between groups, respect others' perspectives and provide constructive feedback with special attention to inter-professional relationships.

Information literacy

Recognize and analyze the extent and nature of an information need; efficiently locate and retrieve information; evaluate it and its sources critically, and use information effectively and ethically.