

Justice Institute of British Columbia COURSE OUTLINE

Course Code: MH008

Course Title: Using the DSM-IV-TR with Children and Youth – Level 1

Prerequisite Courses:

Sponsoring Division: Community and Social Justice Division, Centre for Counselling and Community Safety

Previous Course Code & Title:

Course Effective Date:

# of Credits:	1.0
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Course Description:

This introductory course is for any professional working in a mental health or school setting who wants to develop a basic understanding of and facility with mental health diagnoses for children and youth. It provides an introduction to the organization and content of the DSM-IV-TR and to the relevant diagnostic theories and applications in mental health practice with children and youth. It provides a balanced presentation of the benefits and pitfalls of mental health diagnoses for children and youth as well as the ways in which the *Diagnostic and Statistical Manual of Mental Disorders* can be used responsibly with this population.

Course Goal(s):

At the end of this two day, 14 hour course participants will be able to describe appropriate applications of the DSM IV-TR with children and youth.

Course Learning Objectives:

Upon successful completion of this course, the learner will be able to:

1. Describe the use of the DMS-IV-TR with children and youth
2. Describe basic psychiatric diagnostic terminology and processes
3. Discuss the Multi-Axial Evaluation for children and youth according to DSM-IV-TR criteria
4. Discuss common diagnostic categories such as mood disorders, anxiety disorders, behavioural, and substance use disorders
5. Describe the role of non-medical mental health professionals in the diagnostic process with children and youth.
6. Describe the ethical and professional considerations when using the DSM system with this population.

Course Topics/Content:

- Controversial aspects of DSM System as applied to children and youth
- Professional /ethical issues related to “diagnosis” with children and youth
- Cross-cultural considerations in diagnosis
- Evaluating the child/youth mental health client

- General principles of diagnosis
- THE DSM-IV-TR Classification System as it applies to children and youth
- Understanding “Mental Disorder”
- The Multi-axial evaluation as it applies to children and youth
- Diagnosing mood disorders in children and youth
- Diagnosing anxiety disorders in children and youth
- Other psychiatric disorders in children and youth

Text and Resource Materials: Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

Required:

Recommended:

Course Level:

X	First Year		Second Year		Third Year		Fourth Year
	Other (describe):						

Equivalent Course(s) within the JIBC:

Class Delivery Methods:

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	14.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
Total Class Hours	14.0			

Comments on Delivery Methods:

Related Program(s): (where applicable)

Credit Transfer exists at: (List Institutions with official transfer agreements and name equivalent courses)

Course Grading System:

Check the system that applies to this course:

<input type="checkbox"/>	Letter Grades	<input type="checkbox"/>	Percentage	<input checked="" type="checkbox"/>	Pass/Fail	<input type="checkbox"/>	Credit/No Credit
<input type="checkbox"/>	Complete/Incomplete	<input type="checkbox"/>	Attendance Only	<input type="checkbox"/>	Not Applicable		

Passing Grade:	Pass
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JIBC Standard Grading Scale for Letter, Grade Point and % Grades:

Letter Grade	Grade Points	% Range	Letter Grade	Grade Points	% Range
A+	4.33	90-100	C+	2.33	64-67
A	4.00	85-89	C	2.00	60-63
A-	3.67	80-84			
B+	3.33	76-79	C-	1.67	56-59
B	3.00	72-75	D	1.00	50-55
B-	2.67	68-71	F	0.00	0-49

Evaluation Activities and Weighing: (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

Comments on Evaluation:

100% attendance in all classes.

Active contribution in small and large group work and activities.

Other Course Guidelines, Procedures and Comments:

View the Justice Institute of BC Policies listed below at:

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy
Harassment Policy
Prior Learning Assessment Policy
Student Code of Conduct

Academic Appeals Policy
Intellectual Property Rights Policy
Research on Human Subjects: Ethics
Student Records