

Justice Institute of British Columbia COURSE OUTLINE

Course Code: SPE102

Course Title: The Revisioning of Family Therapy: Race, Culture, and Gender in Clinical Practice

Prerequisite Courses:

Sponsoring Division: Community and Social Justice Division, Centre for Counselling and Community Safety

Previous Course Code & Title:

| | |
|----------------------|------------|
| # of Credits: | 1.0 |
|----------------------|------------|

Course Description:

Families whose lives are trapped along the margins of society often present major challenges for those who work with them. Whether a consequence of class, race, or ethnicity, the everyday circumstances of these families are often compounded by the dynamics of oppression. Whether a function of limited resources, prejudice, and/or devaluation by society, oppressed families often find themselves confronted with the normal struggles of everyday life as well as having to find ways to contend with and overcome the hidden wounds of oppression. Since most treatment approaches have not been designed with the poor, the disenfranchised, and/or racially oppressed in mind, a revisioning of family therapy is essential to provide more effective treatment. Our culturally biased lenses as helpers and healers often impede our ability to engage and treat oppressed families and their children effectively and sensitively. This course will provide a fresh and critical examination of the anatomy of oppression and its effects on the lives of children and families and the process of treatment. A conceptual framework for working effectively with a range of diverse families, based on the revisioning of family therapy, will be provided. Techniques for understanding and working effectively with families who are typically considered resistant and hard to engage will be provided. Relevant self-of-the-therapist issues will also be addressed.

Course Goal(s):

To introduce learners to a re-conceptualization of treatment that overtly and explicitly take contextual variables such as gender, race, and culture into consideration as a viable domain of effective, culturally competent therapeutic practice.

Course Learning Objectives:

Upon successful completion of this course, the learner will be able to:

1. Identify common undetected or difficult to detect hidden wounds of oppression that often sabotage the process of treatment
2. Identify and possess clinical strategies and techniques that will enhance the effective engagement and treatment of oppressed families

3. Identify relevant *self of the therapist*, i.e., clinician-generated biases and microaggressions that hamper effective treatment
4. Effectively integrate 'context talk' into the therapeutic dialogue
5. Respond to loaded and explosive culturally based microaggressive acts of prejudice and bias expressed (by clients) in treatment

Course Topics/Content:

- The dynamics of oppression in the lives of children and families
- The hidden wounds of oppression
- Strategies for integrating contextual variables into clinical practice
- Strategies and techniques for effective engagement and treatment
- Strategies for promoting difficult dialogues regarding race, gender, and culture.
- Our clients, ourselves: an exploration of relevant self of the therapist issues in clinical practice
- Strategies for working effectively with anger and rage
- Clinical issues and the revisioning of family therapy
- Education and training issues in the revisioning of family therapy

Text and Resource Materials: Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

Required:

Recommended:

Handouts of selected articles will be distributed

Course Level:

| | | | | | | | |
|---|-------------------|--|-------------|--|------------|--|-------------|
| | First Year | | Second Year | | Third Year | | Fourth Year |
| x | Other (describe): | | | | | | |

Equivalent Course(s) within the JIBC:

Class Delivery Methods:

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

The format will be interactive, didactic, and experiential. Video tapes will also be utilized.

| Delivery Methods | Class Option A (Hours) | Class Option B (Hours) | Class Option C (Hours) | Class Option D (Hours) |
|------------------------------|---------------------------|---------------------------|---------------------------|---------------------------|
| Classroom/Lecture/Discussion | 14.0 | | | |
| Simulation/Lab | N/A | | | |
| Practicum/Fieldwork | N/A | | | |
| Online | N/A | | | |
| Correspondence | N/A | | | |
| Total Class Hours | 14.0 | | | |

Comments on Delivery Methods:

Related Program(s): (where applicable)

Credit Transfer exists at: (List Institutions with official transfer agreements and name equivalent courses)

Course Grading System:

Check the system that applies to this course:

| | | | | | | | |
|--------------------------|---------------------|--------------------------|-----------------|-------------------------------------|----------------|--------------------------|------------------|
| <input type="checkbox"/> | Letter Grades | <input type="checkbox"/> | Percentage | <input checked="" type="checkbox"/> | Pass/Fail | <input type="checkbox"/> | Credit/No Credit |
| <input type="checkbox"/> | Complete/Incomplete | <input type="checkbox"/> | Attendance Only | <input type="checkbox"/> | Not Applicable | | |

| | |
|-----------------------|------|
| Passing Grade: | Pass |
|-----------------------|------|

JIBC Standard Grading Scale for Letter, Grade Point and % Grades:

| Letter Grade | Grade Points | % Range | Letter Grade | Grade Points | % Range |
|--------------|--------------|---------|--------------|--------------|---------|
| A+ | 4.33 | 90-100 | C+ | 2.33 | 64-67 |
| A | 4.00 | 85-89 | C | 2.00 | 60-63 |
| A- | 3.67 | 80-84 | | | |
| B+ | 3.33 | 76-79 | C- | 1.67 | 56-59 |
| B | 3.00 | 72-75 | D | 1.00 | 50-55 |
| B- | 2.67 | 68-71 | F | 0.00 | 0-49 |

Evaluation Activities and Weighing: (complete the %'s which apply – total must equal 100%)

| | | | | | | | |
|--------------|---|-------------|---|---------------|---|------------------|------|
| Final Exam | % | Assignments | % | Project | % | Capstone Project | % |
| Midterm Exam | % | Portfolio | % | Participation | % | Other | % |
| Quizzes/Test | % | Simulations | % | Practicum | % | TOTAL | 100% |



Comments on Evaluation:

100% attendance in the class

Other Course Guidelines, Procedures and Comments:

View the Justice Institute of BC Policies listed below at:

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy
Harassment Policy
Prior Learning Assessment Policy
Student Code of Conduct

Academic Appeals Policy
Intellectual Property Rights Policy
Research on Human Subjects: Ethics
Student Records