

Justice Institute of British Columbia COURSE OUTLINE

Course Code: SPE146

Course Title: Un/divided Loyalties: Counselling Lesbian and Bisexual Women of Colour

Prerequisite Courses:

Sponsoring Division: Community and Social Justice Division, Centre for Counselling and Community Safety

Previous Course Code & Title:

Course Effective Date:

| | |
|----------------------|------------|
| # of Credits: | 1.0 |
|----------------------|------------|

Course Description:

Lesbian and bisexual women of colour face multiple challenges in their lives. Systemic and interpersonal racism and heterosexism affects their self-esteem, their relationships, and their quality of life. They have complex identities and develop unique coping mechanisms to survive. This training offers psychotherapists, social workers, front line, and health workers the opportunity to learn from a dynamic presentation that will include clinical cases and small group discussions. Drawing upon their professional counselling experiences and anti-oppression practices, Silvana and Farzana will encourage participants to reflect upon the appropriate techniques to support their clients in their own processes to lead more fulfilling lives.

Course Goal(s):

Following this one day course, participants will acquire basic tools to counsel lesbian and bisexual women of colour. Participants will learn to identify clients' issues and counsel them appropriately.

Course Learning Objectives:

Upon successful completion of this course, the learner will be able to:

1. Identify and understand the themes that construct lesbian and bisexual women's of colour identities
2. Help clients deconstruct aspects of their internalized oppression
3. Help clients identify their own resiliency to racism and heterosexism
4. Understand and identify how racism and heterosexism are expressed in intimate relationships
5. Identify and deconstruct when the service provider is colluding with racism and heterosexism

Course Topics/Content:

- What are the factors that form the client's complex identity
- The impact of racism and heterosexism on the client's daily life
- What coping strategies the client uses on a regular basis
- How racism and heterosexism are expressed in intimate relationships

- How racism and heterosexism are expressed in the therapeutic relationship and how to respond effectively

Text and Resource Materials: Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

Required:

Recommended:

Course Level:

| | | | | | | | |
|---|-------------------|--|-------------|--|------------|--|-------------|
| X | First Year | | Second Year | | Third Year | | Fourth Year |
| | Other (describe): | | | | | | |

Equivalent Course(s) within the JIBC:

Class Delivery Methods:

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

| Delivery Methods | Class Option A (Hours) | Class Option B (Hours) | Class Option C (Hours) | Class Option D (Hours) |
|------------------------------|---------------------------|---------------------------|---------------------------|---------------------------|
| Classroom/Lecture/Discussion | 14.0 | | | |
| Simulation/Lab | N/A | | | |
| Practicum/Fieldwork | N/A | | | |
| Online | N/A | | | |
| Correspondence | N/A | | | |
| Total Class Hours | 14.0 | | | |

Comments on Delivery Methods:

Related Program(s): (where applicable)

Credit Transfer exists at: (List Institutions with official transfer agreements and name equivalent courses)

Course Grading System:

Check the system that applies to this course:

| | | | | | | | |
|--|---------------------|--|-----------------|--|----------------|---|------------------|
| | Letter Grades | | Percentage | | Pass/Fail | X | Credit/No Credit |
| | Complete/Incomplete | | Attendance Only | | Not Applicable | | |

| | |
|-----------------------|----------------|
| Passing Grade: | Credit Granted |
|-----------------------|----------------|

JIBC Standard Grading Scale for Letter, Grade Point and % Grades:

| Letter Grade | Grade Points | % Range |
|--------------|--------------|---------|
| A+ | 4.33 | 90-100 |
| A | 4.00 | 85-89 |
| A- | 3.67 | 80-84 |
| B+ | 3.33 | 76-79 |
| B | 3.00 | 72-75 |
| B- | 2.67 | 68-71 |

| Letter Grade | Grade Points | % Range |
|--------------|--------------|---------|
| C+ | 2.33 | 64-67 |
| C | 2.00 | 60-63 |
| | | |
| C- | 1.67 | 56-59 |
| D | 1.00 | 50-55 |
| F | 0.00 | 0-49 |

Evaluation Activities and Weighing: (complete the %'s which apply – total must equal 100%)

| | | | | | | | |
|--------------|---|-------------|---|---------------|------|------------------|------|
| Final Exam | % | Assignments | % | Project | % | Capstone Project | % |
| Midterm Exam | % | Portfolio | % | Participation | 100% | Other | % |
| Quizzes/Test | % | Simulations | % | Practicum | % | TOTAL | 100% |

Comments on Evaluation:

100% attendance in all classes.

Active contribution to small and large group discussions and activities.

Other Course Guidelines, Procedures and Comments:

View the Justice Institute of BC Policies listed below at:

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy
Harassment Policy
Prior Learning Assessment Policy
Student Code of Conduct

Academic Appeals Policy
Intellectual Property Rights Policy
Research on Human Subjects: Ethics
Student Records