

Justice Institute of British Columbia
COURSE OUTLINE

Course Code: SPE162
Course Title: Achieving Clinical Excellence: Three Steps to Superior Performance
Prerequisite Courses: N/A
School: School of Health, Community and Social Justice
Division /Centre: Centre for Counselling and Community Safety
Previous Course Code & Title: N/A
Course First Offered: February 2015

# of Credits:	0
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Course Description

Recent empirical evidence has helped to define that which distinguishes highly effective therapists from average therapists. In this course, learners will explore three specific strategies that separate the great from the good. You will also learn a simple method for measuring success rates that can help to develop a profile of your most and least effective moments in therapy—what works and what doesn't. You will be able to use the findings to improve your own practice, and will develop concrete tools that will immediately boost clinical abilities and effectiveness.

Course Goal(s):

The goal of this course is to provide learners with effective tools to assist them as therapists in reaching clinical excellence.

Learning Outcomes:

Upon successful completion of this course, the learner will be able to:

1. Identify three specific practices employed by highly effective therapists.
2. Apply a method for determining the overall success rate of their clinical work.
3. Describe a method for identifying cases at risk for dropping out of treatment or experiencing a negative or null outcome.
4. Apply a method for identifying and improving areas of weakness in their clinical work.

Course Topics/Content:

- Strategies for improving clinical effectiveness
- Measuring success rates
- Examining strengths and weaknesses in the therapeutic milieu

Text and Resource Materials:

Required: N/A

Recommended:

Course Level:

	First Year		Second Year		Third Year		Fourth Year
	Graduate	x	Other (describe): Special Event				

Equivalent Course(s) within the JIBC: N/A

Class Delivery Methods:

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	14			
Simulation/Lab				
Praxis Exercise				
Practicum/Fieldwork				
Online				
Correspondence				
Total Class Hours	14			

Comments on Delivery Methods:

Course Grading System:

	Letter Grades		Percentage		Pass/Fail
	Complete/Incomplete	x	Attendance Only		

Passing Grade:	N/A
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Evaluation Activities and Weighting:

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

Comments on Evaluation Activities and Weighting:

100% attendance in all classes is required.

Other Course Guidelines, Procedures and Comments:

View official versions of related JIBC academic regulations and student policies in the *JIBC Calendar* on the following pages of the JIBC website:

Academic Regulations:

<http://www.jibc.ca/programs-courses/jibc-calendar/academic-regulations>

Student Academic Integrity Policy
Academic Progression Policy
Admissions Policy
Academic Appeals Policy
Evaluation Policy
Grading Policy

Student Policies:

<http://www.jibc.ca/about-jibc/governance/policies>

Access Policy
Harassment Policy – Students
Student Records Policy
Student Code of Conduct Policy

JIBC Core Competencies

The JIBC promotes the development of core and specialized competencies in its programs. Graduates of our programs will demonstrate high levels of competence in the following areas:

Critical thinking

Identify and examine issues and ideas; analyze and evaluate options in a variety of fields with differing assumptions, contents and methods.

Communication, oral and written

Demonstrate effective communication skills by selecting the appropriate style, language and form of communication suitable for different audiences and mediums.

Leadership

Inspire individuals and teams to reach their potential by embracing innovation through strategic thinking and shared responsibility.

Independent learning

Show initiative by acting independently in choosing effective, efficient and appropriate applied learning, research and problem solving strategies.

Globally-Minded

Self-aware of own identity and culture, recognize the interconnectedness of world events and issues; interact respectfully and authentically across cultures; value multiple perspectives; utilize curiosity to learn with and from others.

Problem solving

State problems clearly; effectively and efficiently evaluate alternative solutions; choose solutions that maximize positive and minimize negative outcomes.

Interpersonal relations

Know and manage ourselves; recognize and acknowledge the needs and emotions of others including those with diverse cultures, backgrounds and capabilities.

Inter-professional teamwork

Understand and work productively within and between groups, respect others' perspectives and provide constructive feedback with special attention to inter-professional relationships.

Information literacy

Recognize and analyze the extent and nature of an information need; efficiently locate and retrieve information; evaluate it and its sources critically, and use information effectively and ethically.