

Justice Institute of British Columbia COURSE OUTLINE

Course Code: TS113

Course Title: Supporting Aboriginal Survivors of Traumatic Stress - Aboriginal Trauma
Certificate Module 3

Prerequisite Courses:

Sponsoring Division: Community and Social Justice Division, Centre for Counselling and
Community Safety

Previous Course Code & Title:

# of Credits:	2.5
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Course Description:

This 20-day program is open to Aboriginal and non-Aboriginal professionals, and is delivered in four one-week modules that are to be taken sequentially. You will gain increased knowledge, skills, and awareness on ways to effectively support Aboriginal survivors of intergenerational as well as personal trauma. The format is highly interactive and experiential, will include lectures, demonstrations, role-playing, and small group discussions, provide regular opportunities for self-reflection, personal sharing, and story telling and occasionally utilize Talking Circle and "support group" formats.

Week Three: You will learn about the use of creative and expressive arts in this highly experiential and interactive module. You will learn how to use these approaches to support clients' in the various stages of healing and recovery.

Course Goal(s):

The goal of this module is to introduce community-based helpers to the Art Therapy and Expressive Arts processes. Building on their previous training on trauma, participants will learn tools and strategies for using the expressive arts in-community.

Course Learning Objectives:

At the end of Module 3, participants will be able to

Define and experience 'decentering'.

Describe the phenomenological Art Therapy process.

Articulate the challenges Aboriginal helpers face when living and working in their own communities.

Devine Vicarious Trauma

Explore Post Session Art

Looking at the therapists' experiences with client art-making. (e.g., race, gender, class, sexual orientation, disability), difference, and privilege, and how these issues affect the environment of the agency and service provision

Course Topics/Content:

- Day One: Objectives/Agenda for the day, Overview of Module Three and Requirements; Guidelines for Sharing, Process and Content; Art Making and Sharing; Introduction to Phenomenology; Demonstration of the use of Phenomenology; Practice using the process with each other.
- Day Two: Expressive Arts Theory and Practice Exercise focusing on decentering; EXA activity; Art Making; Building Resources; Using Poetry as a resource building therapeutic tool.
- Day Three: Art Therapy versus Art in Therapy; Case Studies; Ethics and Art Therapy; Using structured and unstructured activities.
- Day Four: Unstructured Art Activities; Inventory: How do we respond; Unstructured art processes; Post Session Art Making; Our own dynamics.
- Day Five: Understanding and preparing for Exit Behavior; Creating Closure for Individuals & Groups; Strategies; Modeling Closure.

Text and Resource Materials: Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

Required:

Course Level:

	First Year		Second Year		Third Year		Fourth Year
X	Other (describe):						

Equivalent Course(s) within the JIBC:

Class Delivery Methods:

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	35.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
Total Class Hours	35.0			

Comments on Delivery Methods:

The course will include some lecture style presentation outlining theoretical frameworks experiential exercises, and group discussion.

Related Program(s): (where applicable)

Credit Transfer exists at: (List Institutions with official transfer agreements and name equivalent courses)

Course Grading System:

Check the system that applies to this course:

<input type="checkbox"/>	Letter Grades	<input type="checkbox"/>	Percentage	<input checked="" type="checkbox"/>	Pass/Fail	<input type="checkbox"/>	Credit/No Credit
<input type="checkbox"/>	Complete/Incomplete	<input type="checkbox"/>	Attendance Only	<input type="checkbox"/>	Not Applicable		

Passing Grade:	Pass
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JIBC Standard Grading Scale for Letter, Grade Point and % Grades:

Letter Grade	Grade Points	% Range
A+	4.33	90-100
A	4.00	85-89
A-	3.67	80-84
B+	3.33	76-79
B	3.00	72-75
B-	2.67	68-71

Letter Grade	Grade Points	% Range
C+	2.33	64-67
C	2.00	60-63
C-	1.67	56-59
D	1.00	50-55
F	0.00	0-49

Evaluation Activities and Weighing: (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

Comments on Evaluation:

100% attendance in all classes.

Active contribution in large and small group discussions and activities.

Other Course Guidelines, Procedures and Comments:

View the Justice Institute of BC Policies listed below at:

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy
Harassment Policy
Prior Learning Assessment Policy
Student Code of Conduct

Academic Appeals Policy
Intellectual Property Rights Policy
Research on Human Subjects: Ethics
Student Records