

Justice Institute of British Columbia COURSE OUTLINE

Course Code: TS225

Course Title: Trauma and Addictions: Assessment and Treatment Issues

Prerequisite Courses: Responding to Trauma and Post-Traumatic Stress Reactions (EP251)
or equivalent experience

Sponsoring Division: Community and Social Justice Division, Centre for Counselling and
Community Safety

Previous Course Code & Title:

Course Effective Date:

# of Credits:	1.0
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Course Description:

This course will examine current theoretical understandings regarding the impact of human responses to traumatic experiences, with particular emphasis on the consequent development of substance use and addictions in some individuals. The psychobiological as well as psychosocial processes of both trauma and addictions will be reviewed, and the complications for assessment and treatment of the concurrent disorders (PTSD-SUD) will be considered. We will also review gender-specific differences as well as multigenerational issues as they impact patterns of trauma exposure, trauma responses, and substance use. Available guidelines for best practice approaches in integrative treatment models will be discussed.

Course Goal(s):

At the end of this 2 day, 14 hour course, participants will be able to understand and respond appropriately to clients who present with combined symptoms of psychological trauma and substance use disorders, and to offer effective psychoeducational interventions to these clients.

Course Learning Objectives:

Upon successful completion of this course, the learner will be able to:

1. Define psychological trauma.
2. Describe the range of human responses to trauma.
3. Describe the psychobiological aspects of trauma.
4. Discuss relevant gender issues as they relate to trauma and addictions.
5. Discuss the impact of multigenerational trauma as it relates to trauma and addictions.
6. Describe current research regarding the prevalence of the comorbidity of trauma and SUD.
7. Discuss the usefulness of the "self medication" theory.
8. Describe functional models of the relationship between trauma symptoms and SUD.
9. Discuss a trauma based/addiction informed sequence of treatment of comorbid conditions.
10. Describe the professional dilemmas in comorbid treatment approaches.

Course Topics/Content:

- Single episode, multiple, cross-generational traumatic experiences

- DSM IV-TR classifications and symptom criteria
- Variable impacts of trauma: From “normal” to “pathological”
- Gender considerations
- Multigenerational issues
- Trauma and self-harming behaviours
- Psychobiological processes in trauma
- Prevalence of comorbidity of trauma and SUD
- Psychobiology of trauma and SUD
- The “self medication” hypothesis
- Functional models of interplay of symptoms
- Sequencing of approaches in trauma/SUD treatment
- Special professional dilemmas in dual diagnoses treatment

Text and Resource Materials: Use APA style; specify chapters where applicable. ([APA Style Guidelines](#))

Required:

Recommended:

Course Level:

X	First Year		Second Year		Third Year		Fourth Year
	Other (describe):						

Equivalent Course(s) within the JIBC:

Class Delivery Methods:

Some courses are delivered using a range of methods within one class (course section) or alternative methods in different classes. Please outline the most common delivery options used for this course. The total class hours should be the same for each option.

Delivery Methods	Class Option A (Hours)	Class Option B (Hours)	Class Option C (Hours)	Class Option D (Hours)
Classroom/Lecture/Discussion	14.0			
Simulation/Lab	N/A			
Practicum/Fieldwork	N/A			
Online	N/A			
Correspondence	N/A			
Total Class Hours	14.0			

Comments on Delivery Methods:

Related Program(s): (where applicable)

Credit Transfer exists at: (List Institutions with official transfer agreements and name equivalent courses)

Course Grading System:

Check the system that applies to this course:

<input type="checkbox"/>	Letter Grades	<input type="checkbox"/>	Percentage	<input checked="" type="checkbox"/>	Pass/Fail	<input type="checkbox"/>	Credit/No Credit
<input type="checkbox"/>	Complete/Incomplete	<input type="checkbox"/>	Attendance Only	<input type="checkbox"/>	Not Applicable		

Passing Grade:	Pass
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JIBC Standard Grading Scale for Letter, Grade Point and % Grades:

Letter Grade	Grade Points	% Range	Letter Grade	Grade Points	% Range
A+	4.33	90-100	C+	2.33	64-67
A	4.00	85-89	C	2.00	60-63
A-	3.67	80-84			
B+	3.33	76-79	C-	1.67	56-59
B	3.00	72-75	D	1.00	50-55
B-	2.67	68-71	F	0.00	0-49

Evaluation Activities and Weighing: (complete the %'s which apply – total must equal 100%)

Final Exam	%	Assignments	%	Project	%	Capstone Project	%
Midterm Exam	%	Portfolio	%	Participation	100%	Other	%
Quizzes/Test	%	Simulations	%	Practicum	%	TOTAL	100%

Comments on Evaluation:

100% attendance in all classes.

Active contribution in large and small group discussions and activities.

Successful completion of written assignment for Substance Use Certificate.

Other Course Guidelines, Procedures and Comments:

This course is an elective credit.

View the Justice Institute of BC Policies listed below at:

<http://www.jibc.bc.ca/studentServices/main/AcademicServices/policies.htm>

Access Policy
Harassment Policy
Prior Learning Assessment Policy
Student Code of Conduct

Academic Appeals Policy
Intellectual Property Rights Policy
Research on Human Subjects: Ethics
Student Records