# Prenatal Exposure to Drugs/Alcohol

**A listing of materials available at the Justice Institute Library**

## General Books


**Exposure to Psychotropic Medications and Other Substances During Pregnancy and Lactation: A Handbook for Health Care Providers.** Toronto, ON: Centre for Addiction and Mental Health. (RG 627.6 D79 E96 2007)


**Handle with Care: Helping Children Prenatally Exposed to Drugs and Alcohol** by Sylvia Fernandez Villarreal, Lora-Ellen McKinney, and Marcia Quackenbush. Santa Cruz, CA: ETR Associates. (HV 5824 C45 V55 1992)


**Is It Safe for My Baby? Risks and Recommendations for the Use of Medication, Alcohol, Tobacco and Other Drugs During Pregnancy and Breastfeeding.** Toronto, ON: Centre for Addiction and Mental Health. (RG 580 S75 I85 2003)


**Mothers and Illicit Drugs: Transcending the Myths** by Susan C. Boyd. Toronto, ON: University of Toronto Press. (HV 5824 W6 B693 1998)

**Prenatal Exposure to Drugs/Alcohol: Characteristics and Educational Implications of Fetal Alcohol Syndrome and Cocaine/Polydrug Effects** by Jeanette M. Soby. Springfield, IL: Charles C. Thomas. (LC 4806.4 S63 2006)

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**FASD - Books**


**Empowering Front-Line Staff and Families through a Collection of Lived Experiences: Supporting Women Who Have Fetal Alcohol Spectrum Disorder (FASD) Behaviours and Characteristics and/or Other Related Disabilities** by Anne Guarasci. Burns Lake, BC: College of New Caledonia. (RG 629 F45 G825 2011)

**Ethical and Legal Perspectives in Fetal Alcohol Spectrum Disorders (FASD): Foundational Issues** edited by Egon Jonsson, Sterling Clarren, and Ian Binnie. Cham, CH: Springer. (RG 629 F45 E84 2018)


Fetal Alcohol Spectrum Disorder Among Youth on Adjudicated Probation Orders: A Three Year Research Study. Report for Year I by Pam Munro, Julianne Conry, and Kimberly Lane. Maple Ridge, BC: Asante Centre for Fetal Alcohol Syndrome. (RG 629 F45 M864 2005)


Fetal Alcohol Spectrum Disorder (FASD) Prevention: Canadian Perspectives by Nancy Poole. Ottawa, ON: Public Health Agency of Canada. (RG 629 F45 F45 2008)


Fetal Alcohol Syndrome: A Call for Action in B.C. Victoria, BC: Ministry for Children and Families, the Children’s Commission. (RG 629 F45 F485 2001)


Fetal Alcohol Syndrome and Fetal Alcohol Effects: Strategies for Professionals by Diane Malbin. Center City, MN: Hazelden. (RG 629 F45 M243 1993)

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**PRENATAL EXPOSURE TO DRUGS/ALCOHOL**

**Trying Differently: A Guide for Daily Living and Working with FAS and Other Brain Differences**
edited by Debbie Trudeau. Whitehorse, YT: Fetal Alcohol Syndrome Society Yukon.  
(RG 629 F45 T783 2005)

**Understanding Fetal Alcohol Spectrum Disorder (FASD): A Resource for Education Practitioners in Ontario**
edited by Gal Koren and Michelle Todorow. Toronto, ON: Motherisk FASD Clinic/Hospital for Sick Children.  
(RG 629 F45 U53 2010)

**What We Have Learned: Key Canadian FASD Awareness Campaigns**
(RG 629 F45 W42 2006)  
[http://publications.gc.ca/pub?id=320605&sl=0](http://publications.gc.ca/pub?id=320605&sl=0)

**Youth in the Criminal Justice System: Identifying FAS and Other Alcohol-Related Neurodevelopmental Disabilities**
(RG 629 F45 C657 1997)

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**FETAL ALCOHOL SYNDROME – AUDIO CDs**

**Fetal Alcohol Spectrum Disorder (FASD)**  
Ottawa, ON: Public Health Agency of Canada.  
(RG 629 F45 F475 2007)  
Contains a variety of Public Health Agency of Canada publications concerning fetal alcohol spectrum disorder (FASD). These cover a range of concerns including: FASD national strategic projects fund; general FASD information; information written specifically for health and allied professionals; policy and national reports; public awareness; and information from the Agency archives.

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**FETAL ALCOHOL SYNDROME - DVDs**

**D1063**  
**Alanna: Living with Fetal Alcohol Syndrome** (DVD, 26 minutes)  
(IN FRENCH WITH ENGLISH SUBTITLES)  
The little girl with the big dark eyes is Alanna. Taken in by a loving family at the age of eight weeks, she grew up in the majestic wilderness of the Yukon mountains. Because her mother drank heavily during pregnancy, Alanna’s development was seriously compromised. She has fetal alcohol syndrome. She will never be like other kids.  
(National Film Board of Canada)  
(RG 629 F45 A428 2010)

**D973**  
**Different Directions: Understanding Fetal Alcohol Syndrome** (DVD, 22 minutes)  
Parents tell their stories about their children affected by FAS and how they deal with all the problems.  
(Ontario’s North for the Children)  
(RG 629 F45 D54 2000)

**D418**  
**FASD and the Criminal Legal System: Are We Criminalizing Disability?**  
(DVD, 28 minutes)  
Featuring court, prison and legal professionals, family members and a young person with Fetal Alcohol Spectrum Disorder, this program discusses key issues relating to FASD and the legal system. It highlights the need for diagnosis, long-term support and accommodation for those living with this permanent and invisible neuro-behavioural disability.  
(University of Victoria. School of Social Work)  
(RG 629 F45 F373 2007)
**D138**  
**Fetal Alcohol Spectrum Disorder and Employment: Supporting Adults Living with FASD on the Job**  (DVD, 28 minutes)  
Features six adults living with Fetal Alcohol Spectrum Disorder. Focuses on some of the employment-related experiences and challenges faced by people with FASD. Highlights suggestions and strategies useful on and off the job. (School of Social Work, University of Victoria)  (RG 629 F45 R884 2004)

**D997**  
**Fetal Alcohol Spectrum Disorder: Different Directions**  (DVD, 54 minutes)  
Understanding fetal alcohol syndrome: Through the powerful testimonies from mothers of children with FAS and messages from professionals in the field, this DVD addresses issues of prevention, intervention, challenges, and the need for information and training. Community prevention of FAS: This DVD focuses on action steps and successful community-based FAS public awareness campaigns. Early interventions in FAS: Through the voices of women and service providers, this DVD provides information on barriers to services and outlines helpful approaches to early intervention for pregnant women using alcohol or substances. (Ontario’s north for the Children)  (RG 629 F45 F4833 2007)

**D838**  
**Finding Hope: Fetal Alcohol Spectrum Disorder**  (DVD, 54 minutes)  
Profiles the lives and experiences of four families in B.C. raising children with FASD. Features interviews with doctors, psychologists, teachers and caregivers who are working towards a better understanding of FASD and how to best support children and youth with this disability. (Provincial Outreach Program for Fetal Alcohol Spectrum Disorder)  (RG 629 F45 F564 2009)

**D1326**  
**A Judge’s Perspective**  (DVD, 56 minutes)  
Judge Cunliffe Barnett first heard about fetal alcohol syndrome over 20 years ago when he attended an FAS workshop presented by Dr. David F. Smith. Shortly after, he was the presiding judge in a child protection hearing of a young boy with severe special needs who had been apprehended from alcoholic parents. With new understanding about the serious effects of alcohol use during pregnancy he requested an assessment for FAS for this youth. In this video Judge Barnett relates the story of Geoffrey who grew up to become both victim and offender. Through several case examples, Judge Barnett portrays the stories of people with FAS in the legal system and how their disability was all too often unrecognised and misunderstood by judges, lawyers, social workers and others. (Asante Centre for Fetal Alcohol Syndrome)  (RG 629 F45 J836 2004)

**D1327**  
**Mistakes I Have Made**  (DVD, 28 minutes)  
In this video, David Boulding admits to his mistakes as legal counsel defending clients with FASD (fetal alcohol spectrum disorder). However, his intention is not just to confess, but also to turn his experiences into a lesson for those in the legal profession who may one day find themselves working with these special needs clients. Some of the topics discussed include: the implications of FASD in the Canadian Charter of Rights and Freedoms; the concept of “not criminally responsible by reason of a mental disorder”; the tendency for clients with FASD to be impressionable, suggestible and easily mislead; examples of assumptions that may seem reasonable for a typical client, but would not be appropriate for a client with FASD; and the importance of obtaining an FASD assessment. (Asante Centre for Fetal Alcohol Syndrome)  (RG 629 F45 M585 2004)
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D133 Parenting with FASD: Challenges, Strategies and Supports (DVD, 28 minutes)
Featuring four adults living and parenting with Fetal Alcohol Spectrum Disorder. This focuses on some of the parenting related experiences and challenges faced by people with FASD. Highlighted as well are strategies, suggestions and resources found to promote positive parenting. (School of Social Work, University of Victoria) (RG 629 F45 P274 2004)

D1188 Redefining Success: Raising Children Exposed Prenatally to Alcohol (DVD, 28 minutes)
This program provides information to adoptive parents on successfully raising children prenatally exposed to alcohol. Topics covered include a discussion of the range of symptoms of FAS/FAE, the importance of early diagnosis and intervention, parenting techniques, the challenges encountered in schooling these children, and the problems of adolescence and independence. Adoptive families, medical professionals, teachers, support groups and advocates are all represented, and the children talk about their experiences and feelings regarding their difficulties and successes. (Queen’s Printer) (RG 629 F45 R43 2001)

D717 Supporting Change: Preventing FASD (DVD, 85 minutes)
This DVD supplements the ActNow BC - Healthy Choices in Pregnancy Provincial Education and Resource Development Training Initiative. The DVD grew out of requests from service providers to see the evidence-based framework in practice with women. It provides a means of answering many of the shared questions brought forward by service providers who attended provincial education sessions. (B.C. Centre of Excellence for Women’s Health) (RG 629 F45 S863 2008)

D1325 Talking with Victor (DVD, 43 minutes)
Victor, a young adult affected with FAS, was charged with the crime of robbing a pizza parlour in October 1993. Although spurred by his cousin to commit the crime, Victor alone was charged and punished. This video, in 3 segments, provides insight into Victor’s life and his experience with the criminal justice system. The program includes an interview with Victor, interviews with Victor’s probation officer and advocate, and details of Victor’s experience in court. (Asante Centre for Fetal Alcohol Syndrome) (RG 629 F45 T248 2002)

Other related bibliographies:
- Substance Abuse
- Substance Abuse in Corrections

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